



# SOUTH ISLAND SHORT COURSE CHAMPIONSHIPS

**Friday 30 June to Sunday 2 July 2023**  
**at Stadium 2000 in Blenheim**

The purpose of this competition is to provide a short course racing opportunity to members aged 12 years and older in preparation for the national short course championships.

These championships are open to all registered, at the time of competition, Swimming New Zealand members and overseas visitors, aged 12 years or older, who have met the entry criteria.

Upon entering this competition, all participants have agreed to comply with the Sports Anti-Doping Rules and allow photographs, video, multimedia, or film likeness taken by accredited photographers to be used for any legitimate purpose by the host region, or others that the Makos Zonal Committee has approved and comply with any COVID-19 restrictions and protocols in place at the time of this competition.

The host region reserves the right to restrict entries to ensure the timeline is adhered to and will endeavour to obtain the necessary number of technical officials. Still, the number on the pool deck may be more or less than the requirement set out in Swimming New Zealand approval criteria. The pool deck is only for accredited personnel and event volunteers, all other persons are to be seated in the designated seating area/s.

This document may be amended, please check the host region's website to ensure you have the current version.



**Contact Details:** Danie Hall  
snmregistrar@gmail.com

**Venue Address:** Stadium 2000, Kinross Street,  
Blenheim



## FACILITY'S HEALTH AND SAFETY GUIDELINES

**Supervision Policy:** Children under the age of 8 years of age must be actively supervised at all times by a responsible caregiver 16 years and over. Active supervision means watching the children in your care at all times and being able to provide immediate assistance if required.

**Pool Deck:** During the competition, only essential personnel (Technical Officials & Timekeepers) are allowed on poolside. Coaches, team managers & athletes are to remain back from pool edge behind orange barriers provided.

**General:** Be careful on pool deck, in and around changing rooms and corridor heading to reception area. These areas are slippery. To minimize the risk of injury all athletes MUST dry off before walking to these areas. All fire exits and clearways are to be kept clear at all times.

**Evacuation Procedure:** If the facility requires evacuation, you will be guided by Stadium 2000 staff, please remain calm and follow their instructions.

## OFFICIALS AND VOLUNTEERS

Officials and volunteers will play a vital role in the successful delivery of the South Island Long Course Championships so to fortify our ability to achieve success and meet the Swimming NZ Designated approval standards please advise your availability via the **Duty/Volunteer Form**, accessible [here](#).

- The duty form will close at 11:59pm on Wednesday 21st June 2023 and the roster will be published on Wednesday, 28 June 2023 on the host region's website.
- A meeting will be held at 7:45am, before the start of session 1, in the multipurpose room to the right of the turn end of the pool.
- Remember to bring your own water bottle, all sessions will be catered and water bottles refilled throughout all sessions.

## ATHLETE ELIGIBILITY

- Age as of 30 June 2023.
- The qualification period is between 1 January 2022 and 20 June 2023.
- Open to all, at the time of the competition, Swimming NZ members aged 12 years or older who have met the qualifying times at a Designated or Development meet.
- Open to all foreign athletes registered with a FINA-affiliated swimming federation aged 12 years or older who have met the qualifying times.
- Athletes who are not affiliated with a club in the Makos Zone will be considered a visitor.
- The published qualifying times are shown as short course (25m) however long course times will be accepted, and automatically converted during the entry process.
- Athletes may only enter events that they have qualified in, except para-athletes. Para athletes are not required to meet the qualifying times but must have a valid entry time within the qualifying period - No Time (NT) will not be accepted.

## ENTRY DETAILS

- Entries close Wednesday, 21 June 2023 at 11:59pm.
  - Entry fees are \$13.00 per individual event.
- Mixed Club Relay Draft: athletes must register their availability by selecting event 300–Mixed 25m Freestyle, when completing their individual entries.
  - Draft Relay availability attracts a non-refundable registration fee of \$5.00.
- All entries must be submitted through Fast Lane or the Swimming NZ Database by Club Administrators.
- No late entries will be accepted.
- No split times will be accepted as an athlete's entry time.
- No Time (NT) will not be accepted.
- All outstanding entry fees will be invoiced to each region by the host at the close of entries.
- There will be **no refunds** if an athlete withdraws once the final psych sheets have been published. However, medical withdrawals may be considered if a medical certificate or evidence of a positive COVID-19 test is presented within 24 hours of the completion of the competition.

## PARA ATHLETES

- Para athletes will be judged as per World Para Swimming rules (FINA rules plus the athlete's relevant exceptions) for the entirety of this competition.
- Para athletes are not required to meet the qualifying times but must have a valid entry time achieved within the qualifying period - No Time (NT) will not be accepted.
- Prelim Sessions: Para athletes will be seeded amongst their able-bodied peers.
- Final Sessions: Para athletes will compete in mixed-gender multi-class events, however, there are limited Para-only finals available, see the event schedule.
- If a Para athlete makes an able-bodied final, they may swim in that final, but should they make both able-bodied and Para finals in the same event they must choose which final they will compete in and notify the meet recorder by end of the prelim session.
- Medals will be distributed based on a percentage of the Para athlete's time compared to the World Record for their classification for Timed Final events and Para only Final events.

## MEET CONDITIONS

The South Island Short Course Championships will be swum under Swimming NZ swimming rules, policies, and regulations with the following specific conditions and criteria

- These championships will be swum as short course (25m) using electronic timing.
- A maximum of two (2) visitors may progress from prelims to finals in any one event, however, visitor numbers are unlimited in timed final events.
- Over-the-top starts may be used.
- Age Groups: 12-14 years, 15-16 years, 17 years & over and Para athletes will be open multi-class.
- Swimmers aged 12 years and under shall not compete in a technical swimsuit. A technical swimsuit is one that has bonded seams, kinetic tape or meshed seams - [SNM Technical Swimsuit Policy](#).

### Individual Events

- All Prelims will be seeded according to the athlete's entry time and swum from slowest to fastest.

- All Timed Finals will be seeded according to the athlete's entry times, with the fastest eight (10) athletes swimming the event in the Age Group Finals session.
- Age Group Finals will consist of the top eight male and top eight female athletes in each age group based on their prelim time.

### **Mixed Club Relay Draft**

- Athletes must register their availability for the Mixed Club Relay Draft by selecting event 300 – Mixed 25m Freestyle when completing their entries.
- Relay teams will be selected and will comprise sixteen athletes (8 females and 8 males).
- Athletes will be advised prior to session one warm-up of team selections.
- Each team member will be supplied with a different coloured cap.
- Coaches who wish to be considered for selection must complete and submit their availability [here](#), no later than Saturday 24 June 2023.
- To view the full Mixed Club Relay Draft process, click [here](#).

### **Coaches and Managers Accreditations**

Clubs are to complete the Coaches and Managers form in the Swimming NZ database no later than Wednesday, 28 June 2023. *Note: coaches and team managers must be active registered members of Swimming NZ and have a current police vet accreditation accessible on their Swimming NZ profile.*

### **Withdrawal Procedure**

- Please notify the host region no later than 30 minutes before the start of the session if your athlete is scratching or withdrawing from an event.
- No penalties will be incurred because of withdrawing or scratching, however, entry fees will not be refunded after the publication of the final psych sheets.
- Refunds may be considered, providing a medical certificate or evidence of a positive COVID-19 test is presented within 24 hours of the completion of the competition.

### **Protests**

- Protests must be submitted to the referee, in writing, on the protest form by the team manager within 30 minutes following the conclusion of the respective event and be accompanied in cash by the \$100.00 protest fee.
- If conditions causing a potential protest are noted prior to the event, a protest must be lodged before the signal to start is given.
- All protests shall be considered by the referee. If the referee rejects the protest, they must state the reasons for their decision.
- The Club Team Manager may appeal the rejection to the Jury of Appeals whose decision shall be final. If the protest is rejected, the fee will be forfeited to Swimming Nelson Marlborough, If the protest is upheld the fee will be returned.

### **Strapping**

Athletes with strapping must provide documentation from a relevant registered health practitioner or physiotherapist and be reviewed by the Technical Director prior to swimming. Any athlete without such documentation will not be permitted to swim with strapping.

## **ADDITIONAL INFORMATION**

### **Warm-Up/Down Procedure**

- Warmup is to be conducted under the consultation and guidance of all coaches.
- Warm-up commences 45 minutes prior to the start of each session.
- Backstroke start devices will be available for use during each warm-up period.
- 3 Warm-down lanes will be available in the programmes pool, commencing at the start of each competition session.
- Please note, the warm down pool is not available for Session 6 .

### **Marshalling Process**

- Located at the in the alcove by the left of the start end of the pool.
- Athletes must remain in the marshalling area until their heat.
- Athletes will need to marshal 6 races prior for 50m events and 4 races prior to their event for all other events and remain in the marshalling area.
- All athletes are required to marshal for relays.

### **Seating**

- The seating plan will be published on the host region's website and will be included in the Competition Program.
- Team Managers are asked to ensure athletes do not procure additional seats – there is enough room for everyone!

- No athlete, manager or coach is to stand and/or sit on the pool deck during the competition sessions, use the seating available in the grandstand OR the designated coach's area on the pool deck.
- No seating is permitted on the bottom row of seats, this is a clearway.

### Event Documentation

- Draft reports will be emailed directly to all entered participants and their affiliated clubs following the close of individual entries.
- Corrections are to be submitted no later than 6:00pm on Sunday 25 June 2023 and the final reports will be published on the host region's website no later than Monday 26 June 2023.
- Meet Programmes will be published on the host region's website no later than Wednesday 28 June 2023. *Note: this will only contain the heats being swum each morning session, programmes will be provided to clubs for each final session.*

### Presentation Ceremonies

- Refer to the session timeline for the ceremonies, every endeavour will be made to run as timetabled.
- Substitutes may be used if athletes are marshalling, however, they must be of the same gender as the athlete due to be receiving the medal.
- No caps, goggles, or towels (wrapped around the waist) are to be worn. Footwear is compulsory.
- Athletes must advise the presentation official they are present.

## REWARDS AND POINTS

Visitors, athletes not affiliated with a club that is aligned with the Makos zone, are not eligible for rewards or points.

**Medals** will be awarded to both female and male athletes as follows;

- Timed Finals: top three (3) times per age group per gender.
- Age Group Finals: top three (3) times per age group per gender.
- Para medals will be distributed based on a percentage of the Para athlete's time compared to the World Para Record for their classification for Timed Finals and Para only Finals.
- Overall: the fastest overall time swam by a male and a female athlete in each event.

### Mixed Club Draft Relay

No medals will be awarded however cash prizes for the top 3 relay teams (based on points accumulated throughout the Championships) are as follows

1 <sup>st</sup> Placed Team	2 <sup>nd</sup> Placed Team	3 <sup>rd</sup> Placed Team
\$800.00	\$480.00	\$320.00

**Points** will be awarded to individual events for both male and female athletes as follows

1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>	9 <sup>th</sup>	10 <sup>th</sup>	11 <sup>th</sup>	12 <sup>th</sup>	13 <sup>th</sup>	14 <sup>th</sup>	15 <sup>th</sup>	16 <sup>th</sup>
26	24	22	20	19	18	17	16	14	12	10	9	8	6	5	4

### Trophies

- Regional Trophy: Individual points will be accumulated over the competition and then divided by the number of competitors from the region (para-athletes excluded), at the commencement of the competition, to find the overall regional winner.
- Club Trophy: Club points shall be accumulated over the competition, trophies awarded to the club with 11 or more athletes and the club with 10 or fewer athletes, based on competitors' numbers at the commencement of the competition, that accumulate the most points.

## TEAM MANAGER INFORMATION

**Team Manager's Meeting** will be held on Friday, 30 June 2023, in the multipurpose room at 7:30am. Each club must have at least one representative at the meeting to ensure all information is delivered back to the team. Team Managers will be given a brief run-down of meet activities, expectations of athletes and clubs and general delivery of the event.

**Prelim Programmes** will be available for viewing and printing on the host region's website no later than Wednesday 28 June 2023. *A reminder this will only contain the heats being swum in each morning session.*

Finals programs will be distributed via the club boxes at the start of the warm-up, and these will be allocated based on the club's entry size. The programme for each final session will also be available on the host region's website once it has been finalised.




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| 2 programs for teams with 1-10 athletes  | 4 programs for teams with 21-30 athletes |
| 3 programs for teams with 11-20 athletes | 5 programs for teams with 31+ athletes   |

- There will be no additional Programmes available throughout these Championships.

**Results** will be posted as soon as possible, the turn end of the main pool on the glass windows. Meet Mobile will be active and at the conclusion of each session, results will be published on the host region's website.

**Session Timelines** will be included in the Meet Programme, however, the times shown are approximate and races may start before or after the times indicated.

**Disqualifications** will be announced (when possible) and a copy will be available at the Recorders table.

KEY DATE REMINDERS		
21 June at 11:59pm	Individual Entries Close	
25 June at 6:00pm	Submit Psych Sheet Corrections Duty Form Closes Mixed Club Draft Relay Coach Submission Closes	
25 June	Publication of the Final Psych Sheets	
28 June	Due is the Coaches and Managers Form Publication of the Prelim Programme (finals programs will be provided) Publication of the Officials & Volunteer Roster	
30 June from 8:30am	Warm Up starts Team Managers Meeting at 7:30am Officials Meeting at 7:45am	