



Timing Ciutat de Barcelona Mare Nostrum 2026

Day 30/05/2026				
Nº	EVENT	HEAT	TIME	FINAL
Training finals - 120'			15:00	
Start A & B Finals				
			17:00	
1.-	800 FREESTYLE MEN	1	17:00	Fast Heat
2.-	50 BACKSTROKE WOMEN	1	17:12	A
3.-	50 BREASTSTROKE MEN	1	17:14	A
4.-	50 BUTTERFLY WOMEN	1	17:17	A
Delivery of medals events 1-2-3-4			17:19	
5.-	400 IND MEDLEY MEN	1	17:31	A
6.-	100 FREESTYLE WOMEN	1	17:38	A
7.-	100 BACKSTROKE MEN	1	17:41	A
8.-	100 BREASTSTROKE WOMEN	1	17:44	A
Delivery of medals events 5-6-7-8			17:47	
9.-	50 FREESTYLE MEN	1	17:59	A
10.-	200 BACKSTROKE WOMEN	1	18:02	A
11.-	200 BREASTSTROKE MEN	1	18:06	A
12.-	200 BUTTERFLY WOMEN	1	18:11	A
Delivery of medals events 9-10-11-12			18:15	
13.-	100 BUTTERFLY MEN	1	18:27	A
14.-	200 IND MEDLEY WOMEN	1	18:30	A
15.-	200 FREESTYLE MEN	1	18:35	A
16.-	400 FREESTYLE WOMEN	1	18:39	A
Delivery of medals events 13-14-15-16			18:46	
Start B Final			19:30	
2.-	50 BACKSTROKE WOMEN	1	19:30	B
3.-	50 BREASTSTROKE MEN	1	19:33	B
4.-	50 BUTTERFLY WOMEN	1	19:35	B
6.-	100 FREESTYLE WOMEN	1	19:38	B
7.-	100 BACKSTROKE MEN	1	19:41	B
8.-	100 BREASTSTROKE WOMEN	1	19:44	B
9.-	50 FREESTYLE MEN	1	19:47	B
10.-	200 BACKSTROKE WOMEN	1	19:49	B
11.-	200 BREASTSTROKE MEN	1	19:53	B
12.-	200 BUTTERFLY WOMEN	1	19:57	B
13.-	100 BUTTERFLY MEN	1	20:01	B
14.-	200 IND MEDLEY WOMEN	1	20:04	B
15.-	200 FREESTYLE MEN	1	20:08	B
16.-	400 FREESTYLE WOMEN	1	20:12	B
End of Session			20:18	

Day 31/05/2026				
Nº	EVENT	HEAT	TIME	FINAL
Training finals - 120'			15:00	
Start A & B Finals				
			17:00	
17.-	1500 FREESTYLE WOMEN	1	17:00	Fast Heat
18.-	50 BACKSTROKE MEN	1	17:18	A
19.-	50 BREASTSTROKE WOMEN	1	17:20	A
20.-	50 BUTTERFLY MEN	1	17:23	A
Delivery of medals events 17-18-19-20			17:25	
21.-	400 IND MEDLEY WOMEN	1	17:37	A
22.-	100 FREESTYLE MEN	1	17:44	A
23.-	100 BACKSTROKE WOMEN	1	17:47	A
24.-	100 BREASTSTROKE MEN	1	17:50	A
Delivery of medals events 21-22-23-24			17:53	
25.-	50 FREESTYLE WOMEN	1	18:05	A
26.-	200 BACKSTROKE MEN	1	18:08	A
27.-	200 BREASTSTROKE WOMEN	1	18:12	A
28.-	200 BUTTERFLY MEN	1	18:17	A
Delivery of medals events 25-26-27-28			18:21	
29.-	100 BUTTERFLY WOMEN	1	18:33	A
30.-	200 IND MEDLEY MEN	1	18:36	A
31.-	200 FREESTYLE WOMEN	1	18:41	A
32.-	400 FREESTYLE MEN	1	18:45	A
Delivery of medals events 29-30-31-32			18:52	
Start B Final			19:30	
18.-	50 BACKSTROKE MEN	1	19:30	B
19.-	50 BREASTSTROKE WOMEN	1	19:33	B
20.-	50 BUTTERFLY MEN	1	19:35	B
22.-	100 FREESTYLE MEN	1	19:38	B
23.-	100 BACKSTROKE WOMEN	1	19:41	B
24.-	100 BREASTSTROKE MEN	1	19:44	B
25.-	50 FREESTYLE WOMEN	1	19:47	B
26.-	200 BACKSTROKE MEN	1	19:49	B
27.-	200 BREASTSTROKE WOMEN	1	19:53	B
28.-	200 BUTTERFLY MEN	1	19:57	B
29.-	100 BUTTERFLY WOMEN	1	20:01	B
30.-	200 IND MEDLEY MEN	1	20:04	B
31.-	200 FREESTYLE WOMEN	1	20:08	B
32.-	400 FREESTYLE MEN	1	20:12	B
End of Session			20:18	