

## SNM Long Course Championships Session Report

Session: 1 Session 1 - Friday pm

Day of Meet: 1 Starts at 06:45 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Women 12 & Over 800 Freestyle	19	4	06:45 PM	_____
Finals	2 Men 13 & Over 1500 Freestyle	5	1	07:37 PM	_____
	Swimmers Counts for Warm-ups: 24	=====	=====		
	Entry / Heat Totals:	24	5		
	Finish Time			07:57 PM	_____

Session: 2 Session 2 - Saturday am

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	3 Women 12 & Over 400 IM	16	3	09:00 AM	_____
Finals	4 Men 50 Freestyle	46	7	09:23 AM	_____
Finals	5 Women 50 Freestyle	60	9	09:33 AM	_____
	Break: 5 Minutes: Medals event 1&2				
Finals	6 Men 100 Backstroke	25	5	09:51 AM	_____
Finals	7 Women 100 Backstroke	37	7	10:04 AM	_____
Finals	8 Men 11 & Over 200 Butterfly	5	1	10:22 AM	_____
	Break: 5 Minutes: Medals event 3,4&5				
Finals	9 Women 200 Freestyle	38	7	10:31 AM	_____
Finals	10 Men 100 Freestyle	44	7	10:58 AM	_____
	Break: 5 Minutes: Medals event 6&7				
Finals	11 Mixed 12 & Under 200 Medley Relay	8	1	11:18 AM	_____
Finals	12 Mixed 13-14 400 Medley Relay	7	1	11:22 AM	_____
Finals	13 Mixed 15 & Over 400 Medley Relay	7	1	11:29 AM	_____
	Break: 10 Minutes: Medals event 8-13				
	Swimmers Counts for Warm-ups: 119	=====	=====		
	Entry / Heat Totals:	293	49		
	Finish Time			11:45 AM	_____

Session: 3 Session 3 - Saturday pm

Day of Meet: 2 Starts at 04:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	14 Women 13 & Over 1500 Freestyle	4	1	04:00 PM	_____
Finals	15 Men 400 Freestyle	8	2	04:22 PM	_____
Finals	16 Men 11 & Over 200 Breaststroke	20	4	04:34 PM	_____
Finals	17 Women 11 & Over 200 Breaststroke	22	4	04:50 PM	_____
Finals	18 Men 50 Backstroke	33	6	05:08 PM	_____
	Break: 5 Minutes: Medals event 14&15				
Finals	19 Women 50 Backstroke	52	9	05:22 PM	_____
Finals	20 Men 100 Butterfly	15	3	05:36 PM	_____
	Break: 5 Minutes: Medals event 16&17				
Finals	21 Women 100 Butterfly	29	5	05:47 PM	_____
Finals	22 Mixed 8x50 Medley Relay Bacon Cup	2	1	05:57 PM	_____
	Break: 10 Minutes: Medals event 18-22				
	Swimmers Counts for Warm-ups: 110	=====	=====		
	Entry / Heat Totals:	185	35		
	Finish Time			06:15 PM	_____

### SNM Long Course Championships Session Report

Session: 4 Session 4 - Sunday am

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	23 Men 12 & Over 800 Freestyle	7	2	09:00 AM	_____
Finals	24 Women 400 Freestyle	17	4	09:25 AM	_____
Finals	25 Men 11 & Over 200 Backstroke	8	2	09:53 AM	_____
Finals	26 Women 11 & Over 200 Backstroke	15	3	10:01 AM	_____
Finals	27 Men 50 Breaststroke	33	6	10:13 AM	_____
Finals	28 Women 50 Breaststroke	39	7	10:23 AM	_____
	Break: 5 Minutes: Medals event 23&24				
Finals	29 Men 200 IM	29	6	10:39 AM	_____
Finals	30 Women 200 IM	50	8	11:03 AM	_____
	Break: 5 Minutes: Medals event 25&26				
Finals	31 Mixed 12 & Under 200 Freestyle Relay	6	1	11:41 AM	_____
Finals	32 Mixed 13-14 400 Freestyle Relay	7	1	11:45 AM	_____
	Break: 5 Minutes: Medals event 27-30				
Finals	33 Men 400 Freestyle Relay Workers Co-op Shield	5	1	11:56 AM	_____
Finals	34 Women 400 Freestyle Relay Ton Boulton Cup	4	1	12:01 PM	_____
	Break: 10 Minutes: Medals event 31&32 & Cups for				
	Swimmers Counts for Warm-ups: 105	=====	=====		
	Entry / Heat Totals:	220	42		
	Finish Time			12:17 PM	_____

Session: 5 Session 5- Sunday pm

Day of Meet: 3 Starts at 04:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	35 Men 12 & Over 400 IM	6	1	04:00 PM	_____
Finals	36 Women 11 & Over 200 Butterfly	7	2	04:07 PM	_____
Finals	37 Men 200 Freestyle	24	4	04:13 PM	_____
	Break: 5 Minutes: Medals event 35&36				
Finals	38 Women 100 Breaststroke	33	7	04:32 PM	_____
Finals	39 Men 100 Breaststroke	26	5	04:49 PM	_____
Finals	42 Women 100 Freestyle	39	7	05:01 PM	_____
Finals	40 Men 50 Butterfly	28	6	05:14 PM	_____
Finals	41 Women 50 Butterfly	38	6	05:22 PM	_____
	Break: 5 Minutes: Medals event 37-39				
Finals	43 Mixed 15 & Under 8x75 Medley Relay Laurie Crabb 1	3	1	05:34 PM	_____
	Break: 10 Minutes: Medals for 40-42				
Finals	44 Mixed 2x50 Freestyle Relay Adam & Eve	8	1	05:55 PM	_____
	Break: 10 Minutes: Cup for 43, Towels 44 & Age Wir				
	Swimmers Counts for Warm-ups: 99	=====	=====		
	Entry / Heat Totals:	212	40		
	Finish Time			06:07 PM	_____