

SICT CHAMPS 2022 | MEET INFORMATION

WELCOME!

We look forward to welcoming you to Blenheim March 26-27. With the announcement of changes today, we are able to run this meet with all swimmers together which is great news!

NOTES FOR SWIMMERS & PARENTS

Please do not try and gain access to the Stadium before the allocated time. As previously advised, there will be no space for spectators at this meet.

We will have Finis Style backstroke ledges available for all swimmers to use. These are to be placed in and out of the pool by officials and swimmers have the choice as to whether or not they choose to use the ledge. As per Swimming New Zealand Rules please note the following:

"When using a backstroke ledge at the start, the toes of both feet must be in contact with the end wall or face of the

touchpad. Bending the toes over the top of the touchpad is prohibited."

Please sit in your allocated spacing. This is a COVID-19 protocol requirement.

- Please pay attention to the Warm-Up rules in each lane. We will have lots of swimmers in the pool so please take care. STRICTLY NO DIVING into the pool outside the dedicated dive lanes, and all swimmers must enter the pool for the warm up at the start end. NO CLIMBING OUT OVER THE PADS
- All swimmers are required to report to marshalling before a race and are NOT permitted to self marshall to the start of their race. If Michael Phelps can go to marshalling so can you!
- Before the start of each event, swimmers and spectators need to be both still and quiet after the referee blows the whistle to allow all swimmers a fair start. At a busy meet like this, it can be noisy and it can be more difficult for those swimmers in lanes 8 and 9 to hear the start.
- Do not interfere/obstruct other officials (JOS, IOT) during racing. Swimmers need to walk behind officials at the sides of the pool. Do not interfere with timekeepers trying to record race times by asking what your time was! Results will be on the scoreboard and posted on the far window soon after each event is complete.

Have fun and swim hard!

NOTES FOR OFFICIALS & TIMEKEEPERS / PARENTS

We look forward to welcoming you to Blenheim this coming weekend and thank you in advance for your assistance at this meet.

- There will be a brief Timekeepers and Officials meeting in the Multi Purpose Room (far corner of the pool on the starter podium side) before each session. Please check in with Race Referee / Meet Organiser on arrival at the pool for your officiating session to report yourself present and to find out what time the meeting will be.
- Please check the DRAFT MAD loaded onto the SNM website. Please contact Lowri McNabb at <u>lowri.mcnabb@gmail.com</u> if you need to change a session. You will see that we have allocated three timekeepers per lane the lane allocation will be re-arranged closer to the meet to ensure that parents from the same Clubs are together to minimise mingling. This will also mean that all parents that volunteered to help will be able to be present at the event to watch their swimmer compete.

COVID PROTOCOLS

Clubs are to be seated in their allocated position poolside and may not mingle with other Club groups
We cannot accommodate spectators at this meet.

WARM UP, MARSHALLING & GENERAL:

- Swimmers are not to congregate at the lane ends during warm up.
- WARM UP LANES ARE ALLOCATED AS FOLLOWS
 - LANES 0 4 SWIM CANTERBURY WEST COAST (5 LANES)
 - 🎿 LANES 5 9 SWIM NELSON MARLBOROUGH & SWIM SOUTHLAND (5 LANES)
- Exadium water fountains may not be functioning. There is a sink in the MP room where water bottles can be refilled.
- Evimmers must not arrive at marshalling before their allocated time 3 races in advance.
- Swimmers must return to their teams on exiting the pool after a race. Do not ask the timekeeper what your time is please.

AT COMPLETION OF MEET

Swimmers will leave pool promptly after changing and not congregate in changing rooms f possible, please shower at home. Poolside showers are not available at present

RACE OFFICIALS & TIMEKEEPERS:

- All adults at the event are to wear masks and practice social distancing where possible.
- ESC will try and group timekeepers and officials into "club bubbles" to minimise contact between clubs.

ADDITIONAL REQUESTS

- If you have compromised health or are at high risk of illness, please stay home
- If you are unwell in any way, please do not attend the meet.
- At any time that the SNM Region is at a Covid alert level that allows a swimming meet to proceed, any attendee, (e.g., swimmer, technical official, parent or relative etc) who in the days preceding the swim meet has a Covid test, and has not received a negative test result, shall be excluded from the competition (and venue) until such time as they receive the negative test result. Should the venue for the swim meet have more strict conditions to the SNM policy the venue's policy shall take precedence.
- If you have been advised to stay at home by a health professional please do not attend the meet
- E If you appear unwell in any way at a meet, you will be asked to leave immediately