



# Results

## Mare Nostrum Monaco 2026

Place: Prince Albert II Swimming Pool

Organizer:

Pool: 50m

Competition Date: May 23, 2026 to May 24, 2026

### Event 202, 400m Freestyle Women - Heat

Sponsor: FMN



WR	3:54.18	Summer McIntosh	2006 Canada (CAN)	Victoria (CAN)	6/7/2025
ER	3:59.15	Federica Pellegrini	1988 Italy (ITA)	Rome (ITA)	7/26/2009
MNR	4:02.84	Camille MUFFAT	(FRA)	Monaco (MON)	6/9/2013
MR	4:02.84	Camille MUFFAT	(FRA)	Monaco (MON)	6/9/2013

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
<b>1</b>	<b>Erika Faiweather</b>	2003	NEW ZEALAND	NZL	0.68	844	<b>4:07.79</b>	Q
	50m: 28.47		100m: 59.54 (31.07)		150m: 1:31.05 (31.51)		200m: 2:02.91 (31.86)	
	250m: 2:34.42 (31.51)		300m: 3:06.16 (31.74)		350m: 3:37.65 (31.49)		400m: 4:07.79 (30.14)	
<b>2</b>	<b>Agostina Hein</b>	2008	ARGENTINA	ARG	0.75	842	<b>4:07.92</b>	+0.13 Q
	50m: 28.69		100m: 59.87 (31.18)		150m: 1:31.30 (31.43)		200m: 2:02.88 (31.58)	
	250m: 2:34.43 (31.55)		300m: 3:06.15 (31.72)		350m: 3:37.74 (31.59)		400m: 4:07.92 (30.18)	
<b>3</b>	<b>Simona Quadarella</b>	1998	CIRCOLO CANOTTIERI ANIE ITA	ITA	0.78	781	<b>4:14.24</b>	+6.45 Q
	50m: 29.65		100m: 1:01.59 (31.94)		150m: 1:33.60 (32.01)		200m: 2:05.65 (32.05)	
	250m: 2:37.61 (31.96)		300m: 3:09.80 (32.19)		350m: 3:42.12 (32.32)		400m: 4:14.24 (32.12)	
<b>4</b>	<b>Barbora Seemanova</b>	2000	CZECHIA	CZE	0.68	767	<b>4:15.72</b>	+7.93 Q
	50m: 29.36		100m: 1:01.50 (32.14)		150m: 1:33.72 (32.22)		200m: 2:05.89 (32.17)	
	250m: 2:38.14 (32.25)		300m: 3:10.55 (32.41)		350m: 3:43.20 (32.65)		400m: 4:15.72 (32.52)	
<b>5</b>	<b>Anna Chiara Mascolo</b>	2001	H. SPORT FIRENZE	ITA	0.73	757	<b>4:16.95</b>	+9.16 Q
	50m: 30.25		100m: 1:02.10 (31.85)		150m: 1:34.21 (32.11)		200m: 2:06.49 (32.28)	
	250m: 2:38.99 (32.50)		300m: 3:11.56 (32.57)		350m: 3:44.52 (32.96)		400m: 4:16.95 (32.43)	
<b>6</b>	<b>Giorgia Tononi</b>	2003	COMITATO REGIONALE LO	ITA	0.77	750	<b>4:17.68</b>	+9.89 Q
	50m: 30.46		100m: 1:02.41 (31.95)		150m: 1:35.14 (32.73)		200m: 2:07.57 (32.43)	
	250m: 2:40.33 (32.76)		300m: 3:12.66 (32.33)		350m: 3:45.65 (32.99)		400m: 4:17.68 (32.03)	
<b>7</b>	<b>Lilla Szabo</b>	2009	HUNGARY	HUN	0.71	745	<b>4:18.29</b>	+10.50 Q
	50m: 30.19		100m: 1:02.53 (32.34)		150m: 1:35.62 (33.09)		200m: 2:09.01 (33.39)	
	250m: 2:41.51 (32.50)		300m: 3:14.19 (32.68)		350m: 3:46.63 (32.44)		400m: 4:18.29 (31.66)	
<b>8</b>	<b>Lilla Minna Abraham</b>	2006	HUNGARY	HUN	0.69	740	<b>4:18.86</b>	+11.07 Q
	50m: 28.94		100m: 1:01.12 (32.18)		150m: 1:33.85 (32.73)		200m: 2:06.60 (32.75)	
	250m: 2:39.71 (33.11)		300m: 3:13.39 (33.68)		350m: 3:46.17 (32.78)		400m: 4:18.86 (32.69)	
<b>9</b>	<b>Lisa Pou</b>	1999	MONACO	MON	0.76	722	<b>4:20.96</b>	+13.17
	50m: 31.07		100m: 1:03.75 (32.68)		150m: 1:36.93 (33.18)		200m: 2:10.06 (33.13)	
	250m: 2:43.07 (33.01)		300m: 3:15.98 (32.91)		350m: 3:48.48 (32.50)		400m: 4:20.96 (32.48)	
<b>10</b>	<b>Iris Kim</b>	2007	BADGER SWIM CLUB	USA	0.68	657	<b>4:29.35</b>	+21.56
	50m: 31.01		100m: 1:04.75 (33.74)		150m: 1:38.82 (34.07)		200m: 2:13.51 (34.69)	
	250m: 2:47.40 (33.89)		300m: 3:21.69 (34.29)		350m: 3:55.70 (34.01)		400m: 4:29.35 (33.65)	
<b>11</b>	<b>Giulia Meucci</b>	2008	ASD NUOTO UISP 2003	POL	0.70	652	<b>4:30.01</b>	+22.22
	50m: 30.02		100m: 1:03.34 (33.32)		150m: 1:37.51 (34.17)		200m: 2:12.30 (34.79)	
	250m: 2:47.49 (35.19)		300m: 3:22.52 (35.03)		350m: 3:57.47 (34.95)		400m: 4:30.01 (32.54)	
<b>12</b>	<b>Jane Chevalier</b>	2010	BADGER SWIM CLUB	USA	0.76	639	<b>4:31.88</b>	+24.09
	50m: 31.19		100m: 1:05.17 (33.98)		150m: 1:39.88 (34.71)		200m: 2:14.59 (34.71)	
	250m: 2:49.36 (34.77)		300m: 3:23.95 (34.59)		350m: 3:58.43 (34.48)		400m: 4:31.88 (33.45)	
<b>13</b>	<b>Emma Fredersdorf</b>	2005	BASEL AQUATICS	SUI	0.70	629	<b>4:33.23</b>	+25.44
	50m: 31.41		100m: 1:05.66 (34.25)		150m: 1:40.20 (34.54)		200m: 2:14.72 (34.52)	
	250m: 2:49.35 (34.63)		300m: 3:24.46 (35.11)		350m: 3:59.29 (34.83)		400m: 4:33.23 (33.94)	
<b>14</b>	<b>Athena Moretti</b>	2009	SUPERBA NUOTO	ITA	0.80	617	<b>4:35.03</b>	+27.24
	50m: 31.63		100m: 1:05.74 (34.11)		150m: 1:40.60 (34.86)		200m: 2:15.51 (34.91)	
	250m: 2:50.98 (35.47)		300m: 3:26.57 (35.59)		350m: 4:01.23 (34.66)		400m: 4:35.03 (33.80)	



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Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
<b>15</b>	<b>Roberta Marchesi</b>		2006 SPORTING MILANO 3	ITA	0.76	580	<b>4:40.74</b>	+32.95
	50m: 31.50	100m: 1:05.36	(33.86)	150m: 1:40.81	(35.45)	200m: 2:17.25	(36.44)	
	250m: 2:53.65	(36.40)	300m: 3:29.69	(36.04)	350m: 4:05.44	(35.75)	400m: 4:40.74	(35.30)
<b>16</b>	<b>Cielo Jazimin Peralta</b>		2006 CN ANTIBES	PAR	0.74	560	<b>4:43.95</b>	+36.16
	50m: 32.22	100m: 1:07.65	(35.43)	150m: 1:43.90	(36.25)	200m: 2:19.79	(35.89)	
	250m: 2:55.33	(35.54)	300m: 3:32.12	(36.79)	350m: 4:07.97	(35.85)	400m: 4:43.95	(35.98)

Event official at: 5/24/2026 9:53:16 AM