


# 202 400m Freestyle Women A-Final Official



<b>WR</b>	<b>World Records</b>	<b>3:5...</b>	2025-... Summer McIntosh 🇨🇦 Vic... 🇨🇦 Canada
<b>ER</b>	<b>European Records</b>	<b>3:5...</b>	2009-... Federica Pellegrini 🇮🇹 R... 🇮🇹 Italy
<b>MNR</b>	<b>Mare Nostrum Records</b>	<b>4:0...</b>	2013-... Camille MUFFAT 🇫🇷 Mo... 🇫🇷
<b>MR</b>	<b>Monaco Meeting...</b>	<b>4:0...</b>	2013-... Camille MUFFAT 🇫🇷 Mo... 🇫🇷

Rank	Competitor	Year	Club	RT	PTS	Result	
1	Erika Fairweather	2003		0.70	908	<b>4:01.80</b> Entry: 4:07.79	MNR -5.99
	50m: 27.84 100m: 57.76 (29.92) 150m: 1:28.33 (30.57) 200m: 1:58.98 (30.65) 250m: 2:30.05 (31.07) 300m: 3:01.25 (31.20) 350m: 3:32.28 (31.03) 400m: 4:01.80 (29.52)						
2	Agostina Hein	2008		0.74	869	<b>4:05.31</b> Entry: 4:07.92	-2.61
	50m: 28.31 100m: 58.61 (30.30) 150m: 1:29.67 (31.06) 200m: 2:00.98 (31.31) 250m: 2:32.51 (31.53) 300m: 3:03.96 (31.45) 350m: 3:35.00 (31.04) 400m: 4:05.31 (30.31)						
3	Simona Quadarella	1998		0.78	851	<b>4:07.09</b> Entry: 4:14.24	-7.15
	50m: 28.95 100m: 59.84 (30.89) 150m: 1:30.93 (31.09) 200m: 2:02.31 (31.38) 250m: 2:33.48 (31.17) 300m: 3:04.88 (31.40) 350m: 3:36.23 (31.35) 400m: 4:07.09 (30.86)						
4	Barbora Seemanova	2000		0.66	809	<b>4:11.32</b> Entry: 4:15.72	-4.40
	50m: 28.51 100m: 59.24 (30.73) 150m: 1:30.76 (31.52) 200m: 2:02.52 (31.76) 250m: 2:34.67 (32.15) 300m: 3:07.03 (32.36) 350m: 3:39.61 (32.58) 400m: 4:11.32 (31.71)						
5	Lilla Szabo	2009		0.73	773	<b>4:15.10</b> Entry: 4:18.29	-3.19
	50m: 29.76 100m: 1:01.53 (31.77) 150m: 1:33.68 (32.15) 200m: 2:06.02 (32.34) 250m: 2:38.29 (32.27) 300m: 3:10.97 (32.68) 350m: 3:43.58 (32.61) 400m: 4:15.10 (31.52)						
6	Anna Chiara Mascolo	2001		0.68	771	<b>4:15.28</b> Entry: 4:16.95	-1.67
	50m: 29.64 100m: 1:01.09 (31.45) 150m: 1:32.98 (31.89) 200m: 2:05.76 (32.78) 250m: 2:38.56 (32.80) 300m: 3:11.75 (33.19) 350m: 3:44.02 (32.27) 400m: 4:15.28 (31.26)						
7	Giorgia Tononi	2003		0.70	742	<b>4:18.65</b> Entry: 4:17.68	+0.97
	50m: 30.04 100m: 1:01.65 (31.61) 150m: 1:34.13 (32.48) 200m: 2:06.51 (32.38) 250m: 2:39.53 (33.02) 300m: 3:12.56 (33.03) 350m: 3:46.10 (33.54) 400m: 4:18.65 (32.55)						

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 Lilla Minna Abraham

2006 

0.70 705

**4:23.04**

Entry: 4:18.86 **+4.18**

50m: 29.12 100m: 1:01.80 (32.68) 150m: 1:35.04 (33.24)

200m: 2:08.22 (33.18) 250m: 2:41.96 (33.74) 300m: 3:15.59 (33.63)

350m: 3:49.86 (34.27) 400m: 4:23.04 (33.18)