

SOUTH ISLAND JUNIORS

6–7 April 2024

Host Region · Swimming Nelson Marlborough



This competition is designed to give all registered Swimming NZ members aged 12 years old or younger the opportunity to compete against other athletes from across the South Island. Since Swimming NZ moved their Junior Festival to the first half of the season, many athletes belonging to summer-only clubs have missed out on an exciting competition, so this event is ideally placed at the end of the summer season, giving all our young athletes an event to look forward to across the summer months.

The events at the competition will be highly competitive, with ribbons awarded to the top three. The 6x50 Kick Board Relay is a particularly exciting event that showcases teamwork and spirit. We look forward to seeing you there!

Upon entering this competition, all participants have agreed to comply with the Sports Anti-Doping Rules and allow photographs, video, multimedia, or film likenesses taken by accredited photographers to be used for any legitimate purpose by the host region or others that the Makos Zonal Committee has approved and comply with any COVID-19 restrictions and protocols in place at the time of this competition.

The host region reserves the right to restrict entries to ensure the timeline is adhered to and will endeavour to obtain the necessary number of technical officials. Still, the number on the pool deck may be more or less than the requirement set out in Swimming New Zealand approval criteria. The pool deck is only for accredited personnel and event volunteers, all other persons are to be seated in the designated seating area/s.

This document may be amended, please check the event page on the host region's website to ensure you have the current version.



Contact Details: Danie Hall

snmregistrar@gmail.com

Venue Address: Richmond Aquatic Centre,
Cnr Salisbury & Champions Rd's, Richmond,
NELSON



FACILITY'S HEALTH AND SAFETY GUIDELINES

Pool Deck: Only essential personnel (Technical Officials and Timekeepers) are allowed on the pool deck during the competition. Coaches are to always remain in their designated area.

General: Be careful in the Grandstand seating as it can get very slippery. To minimise the risk of injury, all athletes MUST dry off. Please be mindful that space in the facility and around the pool deck will be limited. For everyone's comfort and safety please use seating available where possible and keep the pool deck clear where possible.

Evacuation Procedure: If the pool requires evacuation, you will be guided by Richmond Aquatic Centre staff. Please remain calm and follow instructions.

OFFICIALS AND VOLUNTEERS

Officials and volunteers play a vital role in the successful delivery of this competition, so to fortify our ability to achieve success and meet the Swimming NZ designated approval standards, please advise your availability via the **Duty Form**, accessible [here](#).

- The duty form will close on 30 March at 8:00pm, and the Duty Roster will be published on 4 April on the event page.



- A meeting will be held at 8:30am, before the start of session 1, on the pool deck near the Referee and Starters area.
- Remember to bring your own water bottle.

COACHES AND TEAM MANAGER ACCREDITATIONS

Clubs must complete the Coaches and Managers form in the Swimming NZ database no later than 4 April.

- Coaches and team managers must be active registered members of Swimming NZ and have a current police vet accreditation accessible on their Swimming NZ profile.

EVENT SCHEDULE AND QUALIFYING TIMES

Qualifying Times

Session 1

Warm-up from 8:00am · Racing starts at 8:45am

			10 years & under	11 years	12 years
1	1500m Freestyle	Mixed			23:26.00
2	50m Butterfly	M			
3	50m Butterfly	F			
4	200m Freestyle	M	3:18.00	3:11.50	3:05.00
5	200m Freestyle	F	3:18.00	3:11.50	3:05.00
6	100m Breaststroke	M			
7	100m Breaststroke	F			
8	200m Individual Medley	M	4:05.00	3:55.00	3:45.00
9	200m Individual Medley	F	4:05.00	3:55.00	3:45.00

Session 2

Warm-up from 3:00pm · Racing starts at 3:45pm

			10 years & under	11 years	12 years
10	400m Individual Medley	Mixed		7:00.00	6:49.00
11	50m Freestyle	M			
12	50m Freestyle	F			
13	200m Breaststroke	M	4:20.00	4:12.50	4:05.00
14	200m Breaststroke	F	4:20.00	4:12.50	4:05.00
15	100m Backstroke	M			
16	100m Backstroke	F			
17	4x50m Freestyle Relay	Mixed			

Session 3

Warm-up from 8:00am · Racing starts at 8:45am

			10 years & under	11 years	12 years
18	800m Freestyle	Mixed			11:11.00
19	50m Backstroke	M			
20	50m Backstroke	F			
21	100m Freestyle	M			
22	100m Freestyle	F			
23	200m Butterfly	Mixed		3:50.00	3:33.00
24	100m Individual Medley	M			
25	100m Individual Medley	F			
26	6x50m Kickboard Relay	Mixed			

Session 4

Warm-up from 2:00pm · Racing starts at 2:45pm

			10 years & under	11 years	12 years
27	400m Freestyle	Mixed	6:15.00	5:55.00	5:40.00
28	50m Breaststroke	M			
29	50m Breaststroke	F			

30	200m Backstroke	M	3:35.00	3:22.50	3:10.00
31	200m Backstroke	F	3:35.00	3:22.50	3:10.00
32	100m Butterfly	M			
33	100m Butterfly	F			
34	4x50m Medley Relay	Mixed			

NOTE: Where no qualifying times are published, the athlete must have an entry time within the qualifying period to enter that event. The blocked events are restricted to athletes 11 years and older who have met the qualifying time indicated within the period.

ATHLETE ELIGIBILITY

- Age as of 6 April 2024.
- The qualification period is 1 January 2023 to 27 March 2024.
- Age Groups for this competition are 10 years & under, 11 years and 12 years, and Para athletes will be open multi-class.
- This competition is open to
 - Swimming NZ members aged 12 years or under who have met the qualifying criteria either at a Designated or Development meet within the period.
 - Foreign athletes registered with a World Aquatics swimming federation aged 12 years or under who have met the qualifying criteria.
- Athletes not affiliated with a club in the Makos Zone will be considered visitors.
- The published qualifying times are shown as short course (25m); however, long course times will be accepted and automatically converted during entry.
- Athletes, except para-athletes, may only enter events they have qualified in. Para athletes are not required to meet the qualifying times but must have an available entry time within the qualifying period - No Time (NT) will not be accepted.

ENTRY DETAILS

Individual Entry Fee per event	\$10.00	Closes Thursday, 28 March 2024, at 11:59pm
Relay Entry Fee per team	15.00	Closes Friday, 29 March 2024, at 11:59pm

- All entries must be submitted through Fast Lane or the Swimming NZ Database by Club Admins
- No late entries will be accepted.
- No split times will be accepted as an athlete's entry time.
- No Time (NT) will not be accepted.
- All outstanding entry fees will be invoiced to each region by the host following the publication of the final Psych Sheets.
- There will be **no refunds** if an athlete withdraws once the final psych sheets have been published. However, medical withdrawals may be considered if a medical certificate or evidence of a positive COVID-19 test is presented within 24 hours of the completion of the competition.

PARA ATHLETES

- Para athletes are not required to meet the qualifying times but must have a valid entry time achieved within the qualifying period - No Time (NT) will not be accepted.
- Para athletes will be judged using the World Para Swimming Rules and their relevant exceptions and will be seeded and race with able-bodied athletes for all events.
- Para awards will be distributed for the 50m and 100m Backstroke, Breaststroke, Freestyle, Butterfly, and Individual Medley as open mixed timed finals, based on the percentage of the Para athlete's time compared to the World Record for their classification.

EVENT REPORTS

- Draft Reports will include a Team Entry List, the Psych Sheets, Session Timelines, and the Duty Roster.
- Draft reports will be emailed directly to all registered participants and their affiliated clubs following the close of entries.
- Corrections to entries must be submitted no later than 8:00pm on Saturday, 30 March.
- Final reports will be published on the host region's website no later than Monday, 1 April.
- The Meet Programme will be published on the host region's website on Thursday, 4 April.

MEET CONDITIONS

- This competition will be swum under Swimming NZ swimming rules, policies, and regulations except for the conditions outlined in this document.
- This competition will be swum short course (25m) using electronic timing, and over-the-top starts may be used.
- All events at this competition are Timed Finals.

- Swimmers shall not compete in a technical swimsuit. A technical swimsuit is one that has bonded seams, kinetic tape, or meshed seams - [SNM Technical Swimsuit Policy](#)

Relay Teams

- All team members must be affiliated with the same club.
- Each team member must have entered at least one individual event.
- The relay events are open (no age group requirements) and can consist of either 2 males & 2 females, or 1 male & 3 females, or 3 males and 1 female.
- The 6x50m mixed kickboard relay event is open (no age group requirements) and must consist of at least 1 male and/or 1 female.

Withdrawal Procedure

- Notify the Meet Recorder no later than 30 minutes before the start of the session if your athlete or team is withdrawing from an event.
- No penalties will be incurred due to the withdrawal. However, entry fees will not be refunded after publishing the final psych sheets.

Protests

- Protests must be submitted to the Referee, in writing, on the protest form by the team manager within 30 minutes following the respective event's conclusion and accompanied in cash by the \$100.00 protest fee.
- If conditions causing a potential protest are noted prior to the event, a protest must be lodged before the signal to start is given.
- All protests shall be considered by the Referee. If the Referee rejects the protest, they must state the reasons for their decision.
- The Club Team Manager may appeal the rejection to the Jury of Appeal, whose decision shall be final. If the protest is rejected, the fee will be forfeited to the host region, If the protest is upheld, the fee will be returned.

Strapping

Athletes with strapping must provide documentation from a relevant registered health practitioner or physiotherapist and be reviewed by the Referee prior to swimming. Any athlete without such documentation will not be permitted to swim with strapping.

ADDITIONAL INFORMATION

Warm-Up and Warm-Down Procedure

- Warmup is to be conducted under the consultation and guidance of all coaches.
- Warmup commences 45 minutes prior to the start of each session.
- Backstroke start devices will be available for use during each warmup period.

Marshalling Process

- Located at the turn end of the competition pool – any changes to this will be communicated.
- Athletes must remain in the marshalling area until their heat.
- Athletes are to marshal 6 races before their own for all 50m events and 4 races before their heat for all other events.

Seating Plan

- The seating plan will be published in the Meet Programme.
- Team Managers are asked to ensure athletes with allocated seating do not procure additional seats.
- Please be mindful that space in the facility and around the pool deck will be limited. For everyone's comfort and safety please use seating available where possible and keep the pool deck clear where possible.

Presentation Ceremonies

- Refer to the session timeline for the ceremonies, every endeavour will be made to run as timetabled.
- Substitutes may be used; however, they must be of the same gender as the athlete receiving the medal.
- No caps, goggles, or towels (wrapped around the waist) will be worn.
- Athletes must advise the presentation official they are present.

AWARDS

- Visitors (athletes not affiliated with a club within the Makos zone) are not eligible for ribbons.
- Ribbons will be awarded to the top three (3) placegetters in all individual events for each age group.
- Ribbons will be awarded to the top three (3) teams in all relay events.
- Ribbons will be awarded to the top three (3) Para athletes in the 50m and 100m Backstroke, Breaststroke, Freestyle, Butterfly, and Individual Medley events.

TEAM MANAGER INFORMATION

Team Manager's Meeting will be held on Saturday, 6 April, by the Recorders table at 8:15am. Each club must have at least one representative at the meeting to ensure all information is returned to the team. Team Managers will be given a brief run-down of meet activities, expectations of athletes and clubs, and general delivery of the event.

Results will be posted as soon as possible near the shallow end of the pool on the whiteboard. Meet Mobile will be active, and at the conclusion of each session, the results will be published on the event page.

Session Timelines will be included in the Meet Programme. Be aware the times shown are only approximate - races may start before or after the times indicated.

Disqualifications will be announced when possible, and a copy of the disqualification form will be available from the Recorders table.

Meet Programmes will be available for printing on the event page no later than Thursday, 4 April. There will be no Programmes available at this competition.

KEY DATE REMINDERS

Thursday, 28 March at 11:59pm	Individual Entries Close.
Friday, 29 March at 11:59pm	Relay Entries Close.
Sunday, 30 March at 8:00pm	Last chance to submit entry corrections, and the Duty Form closes.
Monday, 1 April	Publication of the final reports, including the Psych Sheets.
Thursday, 4 April	Coaches and Managers form close. The Meet Programme and Duty Roster are Published.
Saturday, 6 April from 8:00am	Warm-up from 8:00am, with meetings for Team Managers at 8:15am, Officials at 8:30am. Racing commences at 8:45am