



GOLDEN
HOMES[®]



\$20,000

IN CASH AND PRIZES TO WIN

NZ'S PREMIERE SWIMMING EVENT

NORTH
SHORE
SWIMMING

GOLDEN
HOMES[®]

NORTH
SHORE
SWIMMING

12 & 13TH MAY 2018 / LEVEL 1, 2 & 3

10 LANES

50M POOL

SIR OWEN G GLENN NATIONAL AQUATIC CENTRE, MAIRANGI BAY

SESSION ONE Saturday 12th May 2018

WARM-UP 8:00 – 8:45AM - RACING STARTS 9:00AM

Male Events

Event No.

Female Events

| | | |
|-----------------------------|---------------|-----------------------------|
| 50m Butterfly | 1 / 2 | 50m Butterfly |
| 50m Backstroke | 3 / 4 | 50m Backstroke |
| 50m Breaststroke | 5 / 6 | 50m Breaststroke |
| 50m Breaststroke Para Mixed | 101 | 50m Breaststroke Para Mixed |
| 50m Freestyle | 7 / 8 | 50m Freestyle |
| 50m Freestyle Para Mixed | 102 | 50m Freestyle Para Mixed |
| 200m Breaststroke | 9 / 10 | 200m Breaststroke |

SESSION TWO Saturday 12th May 2018

WARM-UP 1:15 – 1:45PM - RACING STARTS 2:00PM

Male Events

Event No.

Female Events

| 12 yrs & under SKINS | 201/301 | 12 yrs & under SKINS |
|-----------------------------------|----------------|-----------------------------------|
| 200m Individual Medley | 11 / 12 | 200m Individual Medley |
| 200m Individual Medley Para Mixed | 103 | 200m Individual Medley Para Mixed |
| 150m Individual Medley Para Mixed | 104 | 150m Individual Medley Para Mixed |
| 100m Butterfly | 13 / 14 | 100m Butterfly |

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SESSION THREE Saturday 12th May 2018
WARM-UP 5:15 – 5:45PM - RACING STARTS 6:00PM

Male Events

Event No.

Female Events

| 16-18 yrs SKINS | 601 / 701 | 16-18 yrs SKINS |
|-------------------------------|-----------|-------------------------------|
| 100m Backstroke | 15 / 16 | 100m Backstroke |
| 100m Backstroke Para Mixed | 105 | 100m Backstroke Para Mixed |
| 200m Butterfly – 13yrs & over | 17 / 18 | 200m Butterfly – 13yrs & over |

SESSION FOUR Sunday 13th May 2018
WARM-UP 8:00 – 8:45AM - RACING STARTS 9:00AM

Male Events

Event No.

Female Events

| 13-15 yrs SKINS | 401 / 501 | 13-15 yrs SKINS |
|-------------------|-----------|-------------------|
| 200m Freestyle | 19 / 20 | 200m Freestyle |
| 100m Breaststroke | 21 / 22 | 100m Breaststroke |

SESSION FIVE Sunday 13th May 2018
WARM-UP 12:15 – 12:45PM - RACING STARTS 1:00PM

Male Events

Event No.

Female Events

| 19 yrs & over SKINS | 801 / 901 | 19 yrs & over SKINS |
|---------------------------|-----------|---------------------------|
| 200m Backstroke | 23 / 24 | 200m Backstroke |
| 100m Para Freestyle Mixed | 106 | 100m Para Freestyle Mixed |
| 100m Freestyle | 25 / 26 | 100m Freestyle |

12 & 13TH MAY 2018 / LEVEL 1, 2 & 3

10 LANES

50M POOL

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SKINS INFORMATION PROUDLY SPONSORED BY GOLDEN HOMES

Male 12yrs & Under – 1st \$200; 2nd \$100; 3rd \$50; 4th \$20; 5th - 10th \$10 each
Female 12yrs & Under – 1st \$200; 2nd \$100; 3rd \$50; 4th \$20; 5th - 10th \$10 each

Male 13yrs – 15yrs – 1st \$300; 2nd \$200; 3rd \$100; 4th \$50; 5th - 10th \$20 each
Female 13yrs - 15yrs – 1st \$300; 2nd \$200; 3rd \$100; 4th \$50; 5th - 10th \$20 each

Male 16yrs - 18yrs – 1st \$1,000; 2nd \$300; 3rd \$150; 4th \$100; 5th - 10th \$30 each
Female 16 yrs -18yrs – 1st \$1,000; 2nd \$300; 3rd \$150; 4th \$100; 5th - 10th \$30 each

Male 19yrs & over – 1st \$1,500; 2nd \$500; 3rd \$250; 4th \$150; 5th - 10th \$50 each
Female 19yrs & over – 1st \$1,500; 2nd \$500; 3rd \$250; 4th \$150; 5th - 10th \$50 each

Skins Event: There will be four skins events - 12/u, 13-15, 16-18 and 19/o. Each age band, Male and Female skins will be swum consecutively on a total of 3 minutes send off, with the slowest swimmer being eliminated after each swim. The skins event will be selected from the combined 4 x 50m results. Skins finalists will be determined by the combined points of all 4 x 50m event results using standard Hytek points. In the case of equal 10th place points, the athlete with the lowest Hytek points on any 50m event will be first alternate for the skins.

The Skins race will comprise of all four strokes in a format to be announced. All SKINS events are long course.

All scratchings for Skins events need to be in the control room 30 minutes after the final results published for the 50m events. (By the end of Saturday mornings session)

Age Group Overall Medal winners in the following age groups – male & female

- ❖ **8yrs & Under; 9yrs; 10yrs** – Overall medals for 1st; 2nd and 3rd
- ❖ **11yrs; 12yrs; 13yrs, 14yrs; 15yrs** – Overall medals for 1st; 2nd and 3rd
- ❖ **16yrs & Over** – Overall medals for 1st; 2nd and 3rd

Medals Presentations – Overall medal winners will be presented at the end of Session 5 – Sunday 13th May 2018 – if time permits – otherwise medals will be sent to respective clubs.

Prize Money per event & Spot Prizes: 8yrs & under -1st \$10; 2nd \$7 and 3rd \$3

9yrs - 1st \$10; 2nd \$7 and 3rd \$3

10yrs - 1st \$10; 2nd \$7 and 3rd \$3.

11yrs - 1st \$15; 2nd \$10 and 3rd \$5

12yrs - 1st \$15; 2nd \$10 and 3rd \$5

13yrs - 1st \$15; 2nd \$10 and 3rd \$5

14yrs - 1st \$20; 2nd \$15 and 3rd \$10

15yrs - 1st \$20; 2nd \$15 and 3rd \$10.

16yrs - 1st \$20; 2nd \$15 and 3rd \$10

17yrs & Over - 1st \$30; 2nd \$20 and 3rd \$15

Para mixed events – 1st \$30; 2nd \$20 and 3rd \$15.

100's of spot prizes available.

Top Club Award: \$1000.00 Cash or prizes to the same value – this will be awarded along with the cup at the conclusion of Session 5. (Host club not eligible)

Entry Fees: \$8.00 per event. Age is at day of Meet – 12th May 2018. Late entries \$15.00 only if spare lane available.

Entries Close: 27th April 2018 11:59pm. If entries exceed our pool booking times some events may be restricted and all clubs will be advised of any changes by Wednesday 2nd May.

Entry method: All clubs please enter through the SNZ database. Please make payment with your entries. Any queries please email toni@nss.org.nz. All times to be converted to Long Course Times.

Events: All events are timed finals. with results declared for male and female in the following age groups: 8yrs & under; 9yrs; 10yrs; 11yrs; 12yrs; 13yrs; 14yrs; 15yrs and 16yrs and over. 200m Butterfly is restricted to swimmers 13 years and over. All Para events are swum mixed gender events and results will be posted mixed.

Entry requirements for Skins event: Please refer to Skins Information page

Para Athlete Events: Athletes who hold a Para Classification are eligible to participate in this programme and will be seeded amongst able-bodied athletes on the basis of entry times (this is for non para specific events). All para events will be seeded based on times not classification. It is the responsibility of the athlete with a disability (or their Team Manager) to inform the Referee before they swim of their IPC Classification and to supply the Referee with their IPC Classification Card. The Referee will use their best efforts to judge the swim under the applicable IPC Rules. All para events are time finals. Event 103 will include the 150IM (event 113)

Door Entry: Eftpos Machine available. Programs available at the door. Single session entry \$4 includes program; \$2 entry only no program. \$15 weekend pass includes all programs and 1 person entry. Weekend entry only \$10 - (no program included).

Meet Conditions:

- Scratching refunds given on sight of medical certificate no later than 48 hours from meet end.
- No time trials allowed
- Reseeding or combining of heats will be at the discretion of the Referee.
- All participants must agree to comply with the Sports Anti-Doping Rules.
- The results will be posted as soon as possible after the conclusion of an event.
- Over the top starts and the FINA One Start rule will apply.
- Refer to Skins event for all conditions relating skins including minimum entry.
- All heats will be seeded as slowest to fastest, except for the top 10 ranked swimmers in each age group will swim in the final heats of each event. All heats are timed finals. Every effort will be made to fill the top 10 heats of each age group if a swimmer scratches.
- Each club must supply 1 official per 4 swimmers, per session, to a maximum of 4 unless requested before the meet to provide more.
- Protest fee - \$100 payable upon submission of correctly completed protest form within 30 minutes of completion of race.
- Meet will be available on Meet Mobile.

THIS WILL BE A SELF MARSHALLING EVENT

Meet Entries: Toni Bayliffe 477 2047

Meet Controller: Tonya Osborne 477 2039

