



2026 JUNIOR
PAN PACIFIC
CHAMPIONSHIPS

CHAMPIONNATS
PANPACIFIQUES
JUNIORS 2026



PROUDLY PRESENTED BY
SWIMMING CANADA
FIÈREMENT PRÉSENTÉS PAR
NATATION CANADA

2026 JUNIOR PAN PACIFIC CHAMPIONSHIPS AUGUST 17-20, 2026

GENERAL INFORMATION

World Aquatics rules govern this competition.

This competition is open to all non-LEN (European) Federations registered swimmers and World Aquatics registered foreign swimmers (swimmers registered with foreign swimming federations). Please reference [World Aquatic Rulebook](#) for eligibility rules. For information and updates to this document please refer to the Swimming Canada [website](#).

Competition host
Swimming Canada

Venue
UBC Aquatic Centre
6080 Student Union Blvd.
Vancouver, BC

Pool
10 x 50m competition pool
8 x 25m warm-up pool

KEY DATES

Entry Deadline	July 27, 2026			
Registration	August 13, 2026	August 14, 2026	August 15, 2026	August 16, 2026
		7:30 – 11:30	7:30 – 11:30	7:30 – 11:30
	14:30 – 18:30	14:30 – 18:30	14:30 – 18:30	14:30 – 18:30
	All club representatives are required to register their club at the registration desk to receive accreditation. All coaches and support staff must register in person.			
Pre-Event Training	August 13, 2026	August 14, 2026	August 15, 2026	August 16, 2026
		8:00 – 12:00	8:00 – 12:00	8:00 – 12:00
	15:00 – 19:00	15:00 – 19:00	15:00 – 19:00	15:00 – 19:00
Meetings	Team Leader’s Meeting August 16, 2026 at 11:00 Totem South Lounge		Technical Officials Meeting August 16, 2026 at 15:00 Totem South Lounge	
Competition Times	Heats: 7:30 – 8:45 Warm up / 9:00 Start /// Finals: 15:15 – 16:45 Warm up / 17:00 Start			

ORGANIZING COMMITTEE

Swimming Canada Events Manager
National Meet Director
National Meet Referee
Swimming Canada Meet Entry Coordinator

Isabelle Goupil events@swimming.ca
Norma Lachance mathdva@gmail.com
Louise Leblanc louise.leblanc@bell.net
Darren Richer dricher@swimming.ca



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SAFE SPORT

Swimming Canada believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination.

Swimming Canada is dedicated to providing a safe and inclusive environment, which involves promoting Open and Observable Environments. This means making meaningful and concerted efforts to avoid situations where a coach/official/staff member, etc. might be alone with an athlete. All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both 'open' and 'observable' to others. All participants in this event are reminded that they are bound by Swimming Canada's Policies and Procedures.

Swimming Canada would like to remind coaches and their athletes that deck changing is strongly discouraged. Athletes are asked to please use the facility's change rooms, or on-deck changing tents if available. Coaches are asked to discourage deck changing and help keep the sport safe for everyone involved. For Information regarding the Swimming Canada Safe Sport Program please visit the Swimming Canada [website](#).

Photography/Videography

- a. In order to minimize risk, all photographs and video taken at Swimming Canada sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area.
- b. The full details on the Event Photography and Videography Procedure can be found [HERE](#)

QUALIFYING INFORMATION

Athletes must be 13-18 years of age as of December 31, 2026. For 2026, athletes born in 2008, 2009, 2010, 2011, 2012 AND 2013 will be eligible.

Time Period for Entry times

Swimmers must be entered with their fastest times performed Long Course since February 17, 2025.

Eligibility

All athletes (from all nations) that competed in the Olympic Games, long course World Championships and/or the Pan Pacific Championships (either individually or on a relay) are NOT permitted to swim at the Junior Pan Pacific Championships in that same calendar year. All non-European Aquatics (non-European) nations will be invited to the meet.

An athlete who only competes in open water events at the Pan Pacific Championships can compete in the Junior Pan Pacific Pool Championships in the same year of competition.

ENTRY INFORMATION

Entry Process

Entries can be submitted using either the linked [excel entry form](#) or the Team Manager events file that can be found on the [event webpage](#).

Entries will only be accepted until 23:59 PDT Monday, July 27, 2026.

Entries

- Each country may enter an unlimited number of swimmers in the heats in each event.



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- In events that are timed finals, a maximum of two (2) swimmers per country are permitted to swim in the fastest heat of that event.
- In events that are timed finals and have ten (10) swimmers or less entered in the entire event, a country will be permitted to have more than two swimmers in the fastest heat. These additional swimmers will be seeded behind all swimmers conforming to the two per country rule, in one of the outside lanes of the heat. These swimmers do not have to be designated prior to the race, but only the fastest two swimmers from any one country will be permitted to score in the top eight (8).
- In events that have heats and finals, a maximum of two (2) swimmers per country are permitted to advance to the finals.
- In individual, timed final races only, if there are nine or 10 swimmers entered, and the pool does not have marketing banners in the outside lanes, nine or 10 swimmers will be permitted to swim in the timed final at night.
- If there are less than 10 entries the swimmers regardless of numbers from each nation can progress to a straight final in the finals session, (maximum of 2 from each country will score).

Note: As agreed by the Charter Nations the point score will continue to be based on top 8 as outlined in the rules document.

- In events when the A and B Finals are conducted, only two (2) swimmers per nation shall be allowed to qualify for the A Finals. When one nation has qualified more than two (2) swimmers for an A final event, only the fastest two (2) swimmers (after scratches) shall advance. If a country has two (2) athletes in the A Final, that country may also qualify two (2) additional athletes to the B Final. If the country has only one (1) athlete in the A Final, that country may have up to two (2) athletes in the B Final. If the country has zero (0) athletes in the A Final, that same country may qualify up to three (3) athletes in the B Final.

Example: In the 100 Backstroke, Country XYZ has athletes qualify 1st, 2nd, 4th, 7th and 8th in the morning heats. For the finals, the athletes who qualified 1st and 2nd will swim in the A Final. The athletes who qualified 4th and 7th will swim in the B Final, and the athlete who qualified 8th will not swim in either the A or B Finals.

Distance Events

The 800m freestyle and 1500m freestyle events will be swum as timed finals with the fastest seed-ed heat swum at night and all other heats swum during preliminaries.

Other Entry Issues

- In the situation when B Finals are swum, and there are not ten (10) athletes in that heat, that heat may be filled by the 5th, 6th, etc. athlete from a particular country, based on preliminary times.
Example: There are 14 athletes entered in an event, which will mean that the B final will not be full. If Country XYZ has five athletes in that event, the 5th fastest from Country XYZ will be permitted to swim in an outside lane in the B final. These athletes may not count in the team score.
- Relays - Each country may enter up to one team in each relay event to swim in the final heat and count toward the team score. Countries may also enter a "B" relay that will swim in a preceding heat. These "B" relays may not score points and are not eligible for medals.

Relays

- The names of the swimmers for relay events, in heats of final sessions, must be submitted to the Administrative Desk no later than one (1) hour before the start of the session in which the relay takes place. All relays will be swum as timed finals in the evening sessions.
- Relay entry forms, available from the Administrative Desk, should be presented with the names of swimmers in order that they are to participate. For medley relay events, names of swimmers should be reported in the styles they are to participate.



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Withdrawals

- To properly seed heats, Team Leaders must present withdrawals to the Entry Coordinator within thirty (30) minutes following the conclusion of the Team Leader's Meeting at 11:00 on Sunday 16 August. Additional withdrawals from the heats must be made in writing at least one hour before the session.
- Withdrawals from finals must be communicated to the Administrative Desk within thirty (30) minutes following the preliminary in which the qualification took place.
- Cooperation is requested from all Team Leaders to permit proper seeding and replacement of withdrawn swimmers.

COMPETITION INFORMATION

- Semifinals will not be held in this meet.
- The 400 Freestyle and 400 Individual Medley will have heats and finals.
- Timed finals will be conducted for the 800 Freestyle and 1500 Freestyle and all relays.
- Early heats of the 800 and 1500 Freestyle events will be swum at the end of the preliminary heats on that day, fastest to slowest, alternating women and then men. The fastest timed final heat will be swum with the finals.
- All relays will be swum with the finals session.
 - There will be 2 heats offered for all relay events. The first heat will be any country with an A relay team.
 - The second heat will be for any countries with B relay teams. The B relays will not be scored.
- The maximum team size will be 46, broken down as 40 for the pool team, and 6 for the open water team. Pool swimmers may swim in the open water race and open water swimmers may swim in pool events.
- Any change to the team size numbers would be at the unanimous agreement of the Charter Nations

SCORING & AWARDS

- A team trophy will be given to the country that scores the most points based on the following scoring system:
 - Individual Events: 9-7-6-5-4-3-2-1 (for places 1st – 8th)
 - Relay Events: 18-14-12-10-8-6-4-2 (for places 1st – 8th)
 - A team trophy will be given for the highest scoring team (men and women combined) in pool swimming.
 - A team trophy will be given for the highest scoring team (men and women combined) in open water swimming.
 - A medal count will also be kept.
- A medal presentation will take place for all events, with a gold, silver and bronze medal awarded to 1st, 2nd and 3rd place.
- No "Swimmer of the Meet" award will be given.

SWIMWEAR AND ADVERTISING

All competitors of the Junior Pan Pacific Championships shall abide by the relevant World Aquatics Rules and regulations pertaining to swimwear and advertising located in the [World Aquatics Competition Regulations](#).

DOPING CONTROL

Doping control tests will be conducted at the Junior Pan Pacific Championships following World Aquatic rules.

OTHER EVENT INFORMATION

Medical

Facility lifeguards and other medical services will be on site throughout the competition.



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Ticket information

Ticket information will be available by June 2026.

Accreditation hours

Accreditations can be picked up based on the hours of registration noted in the table on the first page of this document.

Hospitality – Officials & Coaches

A hospitality room will be available for officials and coaches.



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EVENT SCHEDULE

PRELIMINARIES/PRÉLIMINAIRES			FINALS/FINALES		
WARM-UP/ÉCHAUFFEMENT 7:30-8:45			WARM-UP/ÉCHAUFFEMENT 15:15-16:45		
START/DÉBUT 9:00			START/DÉBUT 17:00		
DAY/JOUR 1 - MONDAY/LUNDI					
W/F		M/H	W/F		M/H
1	50M FLY/PAPILLON	2	1	50M FLY/PAPILLON	2
3	200M FREE/LIBRE	4	3	200M FREE/LIBRE	4
5	100M BACK/DOS	6	5	100M BACK/DOS	6
7	200M FLY/PAPILLON	8	7	200M FLY/PAPILLON	8
9	1500M FREE/LIBRE (SH/SL)		9	1500M FREE/LIBRE (FH/SR)	
	800M FREE/LIBRE (SH/SL)	10		800M FREE/LIBRE (FH/SR)	10
			11	4X100M MR/QN MIXED (ALL/TOUS)	11
DAY/JOUR 2 - TUESDAY/MARDI					
13	400M IM/QNI	14	13	400M IM/QNI	14
15	100M FREE/LIBRE	16	15	100M FREE/LIBRE	16
17	100M BREAST/BRASSE	18	17	100M BREAST/BRASSE	18
19	50M BACK/DOS	20	19	50M BACK/DOS	20
			21	4X200M FR/RL (ALL/TOUS)	22
DAY/JOUR 3 - WEDNESDAY/MERCREDI					
23	400M FREE/LIBRE	24	23	400M FREE/LIBRE	24
25	100M FLY/PAP	26	25	100M FLY/PAP	26
27	200M BACK/DOS	28	27	200M BACK/DOS	28
29	50M BREAST/BRASSE	30	29	50M BREAST/BRASSE	30
			31	4X100M FR/RL (ALL/TOUS)	32
DAY/JOUR 4 - THURSDAY/JEUDI					
33	200M IM/QNI	34	33	200M IM/QNI	34
35	50M FREE/LIBRE	36	35	50M FREE/LIBRE	36
37	200M BREAST/BRASSE	38	37	200M BREAST/BRASSE	38
39	800M FREE/LIBRE (SH/SL)		39	800M FREE/LIBRE (FH/SR)	
	1500M FREE/LIBRE (SH/SL)	40		1500M FREE/LIBRE (FH/SR)	40
			41	4X100M MR/QN (ALL/TOUS)	42



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APPENDIX A – TIMELINES

Monday, May 25, 2026	<u>Team Information & Accommodation Form</u> due & 50% Deposit Due
Monday, July 13, 2026	<u>Final Team Information Form</u> due Team List, Rooming List, Travel Information & Final payments due <u>Athlete Information Form</u> due
Monday, July 27, 2026	Entries Due
Tuesday, August 4, 2026	Draft Psych sheet available
Thursday, August 13, 2026	Team accommodation & practice available
Saturday, August 16, 2026	Team Leader's Meeting Entry corrections due
Monday, August 17-20, 2026	Competition days
Friday, August 21, 2026	Teams depart



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APPENDIX B

TRAVEL & ACCOMMODATION INFORMATION

VISA

Swimming Canada will make best efforts with the Canadian government regarding entry visas for all Meet competitors and team officials from any World Aquatics Member Federation, as well as for World Aquatics officials and media attending the Meet.

Swimming Canada can provide a letter of invitation that can be shared with the attending nation to support the Visa process. Please email rcheverton@swimming.ca for more information.

If a Visa is required to enter Canada, more information on the process can be found [HERE](#).

COMPETITION ACCOMMODATIONS

The competition accommodation for participants will be in the Orchard or Totem Park Commons at the University of British Columbia (UBC). Charter nations will have priority. **Non-charter** countries are welcomed and encouraged to stay at the competition accommodation on a space available basis. If a nation decides to stay at alternate accommodation, costs incurred are payable by individual countries.

The Organizing Committee will make accommodation arrangements for all athletes, coaches, and team support staff at the competition accommodation. All breakfasts, lunches, and dinners will be served in the dining hall onsite at UBC. Check-in time is 15:00 and check-out time is 11:00, so please plan your arrival and departures accordingly. Early check-in and/or late check-out may result in an additional night's fee.

The Commons offer two-bedroom unit with a private washroom (approximately 36-50 guests per floor). Multi-level floor lounges offer seating, TV, fridge, sink, and microwave. Buildings are equipped with elevators. Limited housekeeping is available. Includes complimentary wireless internet.

Thursday, August 13, 2026 check-in time is 15:00.

Friday, August 21, 2026 check-out time is 11:00.

Costs for lodging and meals at the University of British Columbia and transport to/from airport:

Single Occupancy Room Rate with full board	\$275.00 USD/day/person
Double Occupancy Room Rate with full board	\$225.00 USD/day/person

Participants wishing to stay at other accommodations, you will need to arrange and make payment directly to selected hotel. Swimming Canada does have recommendations of alternate accommodation options. Please be in touch with Rebecca Cheverton to discuss.

TRAVEL & TRANSPORT

Airport transfers will be made available on Thursday, August 13 or 14, 2026 from Vancouver International Airport; nations will have an opportunity to provide travel details.

Airport transfers will also be provided for departure on Friday, August 21, 2026 from the University of British Columbia to the Vancouver International Airport.

SUPPLEMENTAL TRAVEL INFORMATION

Swimming Canada Rental Car Partner - AVIS Rent a Car - for bookings visit

<https://www.swimming.ca/travel-tools/>



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APPENDIX C

JUNIOR PAN PACIFIC CHAMPIONSHIP RECORDS

(All times in long course metres as of August 31, 2024)

EVENT	WOMEN	MEN
50 Free	Yolane Kukla, AUS 24.74 Maui – August 2010	Paul Powers, USA 22.20 Maui – August 2014
100 Free	Rylee Erisman, USA 53.76 Canberra, AUS, August 2024	Fylnn Southam, AUS 48.23 Honolulu – August 2022
200 Free	Erin Gemmell, USA 1:56.15 Honolulu – August 2022	Fylnn Southam, AUS 1:47.11 Honolulu – August 2022
400 Free	Erin Gemmell, USA 4:05.07 Honolulu – August 2022	Joshua Staples, AUS 3:48.36 Honolulu – August 2022
800 Free	Leah Smith, USA 8:28.01 Honolulu – August 2012	Luke Ellis, USA 7:52.40 Canberra, AUS, August 2024
1500 Free	Lani Pallister, AUS 16:08.09 Fiji – August 2018	Kazushi Imafuku, JPN 14:59.97 Canberra, AUS, August 2024
100 Back	Leah Sheckley, USA 59.46 Canberra, AUS, August 2024	Daniel Diehl, USA 53.27 Honolulu – August 2022
200 Back	Leah Sheckley, USA 2:08.19 Canberra, AUS, August 2024	Hidekazu Takehara, JPN 1:57.00 Honolulu – August 2022
100 Breast	Kotomi Kato, JPN 1:07.45 Canberra, AUS, August 2024	Akihiro Yamaguchi, JPN 59.85 Honolulu – August 2012
200 Breast	Kotomi Kato, JPN 2:24.73 Canberra, AUS, August 2024	Akihiro Yamaguchi, JPN 2:08.03 Honolulu – August 2012
100 Fly	Audrey Derivaux, USA 57.99 Canberra, AUS, August 2024	Thomas Heilman, USA 51.98 Honolulu – August 2022
200 Fly	Airi Mitsui, JPN 2:07.82 Honolulu – August 2022	Aaron Shackell, USA 1:55.81 Honolulu – August 2022
200 IM	Dagny Knutson, USA 2:10.79 Guam – January 2009	Maximus Williamson, USA 1:59.01 Honolulu – August 2022
400 IM	Mio Narita, JPN 4:36.79 Honolulu – August 2022	Chase Kalisz, USA 4:12.59 Honolulu – August 2012



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400 Medley Relay	USA (L.Shackley, E.Scott, .Derivaux, R.Erisman) 3:58.88 Canberra, AUS, August 2024	USA (G.Keogh, J.Polvak, R.Cox, J.Zhao) 3:35.60 Canberra, AUS, August 2024
400 Free Relay	USA (R.Erisman, E.Pelaez, T. O'Dell, M.Mintenko) 3:36.49 Canberra, AUS, August 2024	USA (T.Heilman, H.McFadden D.Diehl, K.Winkler) 3:15.79 Honolulu – August 2022
800 Free Relay	USA (K. Dobson, R.Erisman. T. O'Dell, M.Mintenko) 7:53.56 Canberra, AUS, August 2024	AUS (F.Southam, A. McAlpine, M Da Silva, J. Staples) 7:13.07 Honolulu – August 2022
400 Mixed Medley Relay	(L.Shackley, C.McKean, R.Cox, R.Erisman) 3:45.21 Canberra, AUS, August 2024	