

# SOUTH ISLAND LONG COURSE CHAMPIONSHIPS

## EVENT SCHEDULE



Day 1 · Heats			Day 2 · Heats			Day 3 · Heats		
Warm up from 8:00am · Racing starts at 8:45am			Warm up from 8:00am · Racing starts at 8:45am			Warm up from 8:00am · Racing starts at 8:45am		
1	200m Individual Medley	M	17	1500m Freestyle (Timed Final)	M	32	50m Freestyle	F
2	200m Individual Medley	F	18	400m Individual Medley	F	33	50m Freestyle	M
3	400m Freestyle	M	19	50m Butterfly	M	34	200m Breaststroke	F
4	400m Freestyle	F	20	50m Butterfly	F	35	200m Breaststroke	M
5	100m Backstroke	M	21	200m Backstroke	M	36	800m Freestyle (Timed Final)	M
6	100m Backstroke	F	22	200m Backstroke	F	37	100m Butterfly	F
7	50m Breaststroke	M	23	1500m Freestyle (Timed Final)	F	38	100m Butterfly	M
8	50m Breaststroke	F	24	100m Breaststroke	M	39	50m Backstroke	F
9	200m Butterfly	M	25	100m Breaststroke	F	40	50m Backstroke	M
10	200m Butterfly	F	26	200m Freestyle	M	41	800m Freestyle (Timed Final)	F
11	100m Freestyle	M	27	200m Freestyle	F	42	400m Individual Medley	M
12	100m Freestyle	F	28	4x50m Draft 15 & under Medley Relay	M	43	16 x 50m Draft Freestyle Relay	MIXED
13	4x50m Draft 15 & under Freestyle Relay	M	29	4x50m Draft 15 & under Medley Relay	F			
14	4x50m Draft 15 & under Freestyle Relay	F	30	4x50m Draft 16 & over Medley Relay	M			
15	4x50m Draft 16 & over Freestyle Relay	M	31	4x50m Draft 16 & over Medley Relay	F			
16	4x50m Draft 16 & over Freestyle Relay	F						
Day 1 · Finals			Day 2 · Finals			Day 3 · Finals		
Warm up from 3:00pm · Racing starts at 3:45p n			Warm up from 3:00pm · Racing starts at 3:45p n			Warm up from 2:00pm · Racing starts at 2:4! pm		
1	200m Individual Medley	M	17	1500m Free (Fastest Timed Final)	M	32	50m Freestyle	F
2	200m Individual Medley	F	18	400m Individual Medley	F	33	50m Freestyle	M
3	400m Freestyle	M	206	50m Butterfly		204	50m Freestyle	PAR
4	400m Freestyle	F	19	50m Butterfly	M	34	200m Breaststroke	F
201	100m Backstroke	PAR	20	50m Butterfly	F	35	200m Breaststroke	M
5	100m Backstroke	M	21	200m Backstroke	M	36	800m Freestyle (Fastest Timed Final)	M
6	100m Backstroke	F	22	200m Backstroke	F	37	100m Butterfly	F
7	50m Breaststroke	M	23	1500m Freestyle (Fastest Timed Final)	F	38	100m Butterfly	M
8	50m Breaststroke	F	203	100m Breaststroke	PAR	39	50m Backstroke	F
9	200m Butterfly	M	24	100m Breaststroke	M	40	50m Backstroke	M
10	200m Butterfly	F	25	100m Breaststroke	F	205	50m Backstroke	PAR
202	100m Freestyle	PAR	26	200m Freestyle	M	41	800m Freestyle (Fastest Timed Final)	F
11	100m Freestyle	M	27	200m Freestyle	F	42	400m Individual Medley	M
12	100m Freestyle	F						