



2019 WAIKATO JUNIOR CHAMPIONSHIPS

Short Course

St Peter's School, Cambridge

23rd and 24th March 2019

Saturday 23rd:

Session 1: Warm up—9.00am. Racing starts at 10.00am

Session 2: Racing starts 1 hour after the completion of Session 1, including warm up

Sunday 24th:

Session 3: Warm up—9.00am. Racing starts at 10.00am

Session 4: Racing starts 1 hour after the completion of Session 3, including warm up

**Entry fee \$9.75
per event**



MEET CONDITIONS

- This event is for COMPETITIVE swimmers who are registered in the SNZ database and are financial as at the date of the meet.
- **Age as at 31 December 2018**
- Technical Directors—Linda Bulman / Wendy Smith
- There is no qualifying period for this meet.
- Entry times short course. Times may be converted from Long Course times.
- “NO TIME” will not be accepted.
- Technical Director reserves the right to restrict event numbers if entries exceed the nominated time-frame.

ENTRY PROCESS -

- **ENTRY FEE: \$9.75 per event**
- Entries for Individual events will be online through MyPage on the SNZ membership database.
- Online entries will open at **11am on Monday the 14th of January 2019** and close at 11.59pm on Sunday 10 March 2019 NO LATE ENTRIES accepted.
- All enquiries to Rachael Thomas swentries@gmail.com

MEET SPECIFIC INFORMATION -

- Technical / Performance Race Suits are banned at this event.
- 200 Fly and 400 IM will be limited to the top 10 male and female swimmers
- 400 Free will be limited to the top 20 male and female swimmers
- Out of Region Swimmers: Visitors rule will apply for 200 Fly, 400IM and 400 Free—only two out of region swimmers per timed final unless there are less than 8 Waikato swimmers entered.
- Visitors will receive a visitor medal if finishing 1st, 2nd or 3rd (only 2 visitor medals per event)
- Age Groups will be as follows:
12 yrs and Under: 400 Freestyle, 200 Fly, 400 IM and all Relays
All other events—9yrs/U, 10 yrs, 11 yrs and 12 yrs
- Swimming Waikato Medals will be awarded to the first three Waikato swimmers in the age groups noted above.
- Medal presentation ceremonies will be held for all events. A musical fanfare will be used to indicate the Victory Ceremony. The following dress standard is required for medal ceremonies: Club or regional t-shirt, sweatshirt or jacket. No caps or goggles. No towels to be wrapped around the waist. Tracksuit bottoms or shorts are not required.
- Finalist ribbons will be given to 4th to 10th place-getters.
- Immediately following the warm up on Saturday morning, there will be a club march past. Please ensure you have two swimmers ready to carry your club flag.
- The march past will be followed by the reading of the Athletes Oath.



MEET CONDITIONS

- The meet will be conducted under Swimming New Zealand's 'SNZ Regulations and Bylaws and FINA Rules', except where local meet rules and conditions apply.
- All participants must agree to comply with the Sports Anti-Doping Rules.
- Athletes who hold a Para Classification are eligible to participate in this programme (under IPC Rules) and will be seeded amongst able-bodied athletes on the basis of entry times. It is the responsibility of the athletes (or their Team Manager) to show the Referee their IPC Classification before they swim. The Referee will use their best efforts to judge the swim under the applicable IPC Rules
- Swimmers with strapping must provide documentation from a relevant registered health practitioner or physiotherapist and be reviewed by the Technical Director prior to swimming. Any swimmers without such documentation will not be permitted to swim.
- Participants who have entered this event agree to allow photograph, video, multimedia or film likeness taken by accredited photographers to be used for any legitimate purpose by Swimming Waikato, a club affiliated to Swimming Waikato or local media.

PSYCH SHEETS / MEET PROGRAMME —

- Draft psych sheets will be circulated to club recorders and coaches, and by email to all competitors who have entered the meet. Competitors are responsible for checking names, entries and events are correct on receipt of information and advising Swimming Waikato of any errors by 5.00pm, Friday 15 March 2019—swentries@gmail.com. Corrections will only be made to entries where errors have occurred. Final psych sheets will be posted on the website and sent out a minimum of three days before the start of the meet.
- This is a paperless meet. The meet programme, along with a timeline (guide only) will be uploaded to the Swimming Waikato website and forwarded to club recorders and coaches, and by email to all competitors, at least three days prior to the start of the meet.

COMPETITION INFORMATION -

- Reseeding may be done at the discretion of the Technical Director.
- Over the top starts will apply for all events.
- Please exit the pool at the side. Do not swim over the lane ropes.
- Entry into the pool for backstroke events will be feet first. No swim back permitted.
- Marshalling Procedure—
All events shall be marshalled.
- Warm Up Procedure—
Lane 1 shall be for Para swimmers (if applicable) and Lanes 9 and 10 will be sprint lanes for the duration of each warm-up.
- Results—
Results will be posted as soon as possible on the notice board in the complex. Live results will also be accessible via Meet Mobile where the internet connection allows.



MEET CONDITIONS

- Team Managers Meeting—

A Team Managers meeting will be held at the start of the warm up of the first session of the meet. Each club is asked to have at least one representative at this meeting to ensure all information is delivered back to the swimmers.

OFFICIALS -

- As per Swimming New Zealand regulations, there is a minimum number of voting technical officials required for a meet to be classed as approved.
- It is the responsibility of the Clubs and members of the swimming community to ensure they contribute to the success of the meet by assisting with the provision of officials. Where the required number of officials are not forthcoming, the results from the meet will be unapproved.
- Attached is a Coaches, Team Managers and Officials form. This form allows Club Recorders to provide the names of their Team Coaches, Managers and Officials, including Timekeepers.
- The completed form should be returned to Swimming Waikato by 5.00pm on the Monday preceeding the meet.
- When the draft psych sheets are circulated, clubs will be given their timekeeper allocation so that these names can be included on the form also.
- Ratios for Coaches/Managers -

1-10 swimmers = 2 coaches/managers
11-20 swimmers = 3 coaches /managers
21-30 swimmers = 4 coaches/managers
31+ swimmers = 5 coaches/managers

SCRATCHINGS / WITHDRAWALS -

- Refunds will only be made if a medical certificate is provided to the Meet Recorder within 24 hours of the draft psych sheets being circulated. All refunds are at the discretion of the Technical Director.
- **Refunds will not be provided for scratchings received after this time.**
- Scratchings for the first session must be submitted to the Control Room no later than 1 hour prior to the start of racing.
- For subsequent sessions, scratchings must be submitted no later than 30 minutes **before the end** of the previous session immediately prior to the session in which the scratching is to be effective.
- Swimmers will be deemed to have scratched if they do not report to the Clerk of Course (Marshall) at the appropriate time prior to their event and the \$50.00 withdrawal fee will apply.

PROTESTS -

- Protests must be submitted within 30 minutes following the conclusion of the respective event. The protest fee is set at \$100.00, this is payable upon submission of the correctly completed protest form.

DISQUALIFICATIONS -

- Disqualifications will be announced and a copy of the DQ form will be put in the Club Team Manager's box.



COACHES, TEAM MANAGERS and OFFICIALS FORM

All clubs attending a Swimming Waikato Regional Meet must fill out this form for each meet. This completed form must be received by Swimming Waikato by 5.00pm on the Monday preceding the meet. Information received will allow Swimming Waikato to manage the entry process at the meet.

MEET NAME:	
DATE:	
CLUB NAME:	

	COACHES	MANAGERS	MANAGERS'S MOBILE
Session 1			
Session 2			
Session 3			
Session 4			

TIMEKEEPERS	NAME	MOBILE NUMBER
Session 1		
Session 2		
Session 3		
Session 4		

Ratio of Coaches/Managers to Swimmers

Clubs are entitled to nominate coaches and team managers based on the number of swimmers they have competing, as follows:

1-10 swimmers	2 coaches/managers
11-20 swimmers	3 coaches/managers
21-30 swimmers	4 coaches/managers
31 + swimmers	5 coaches/managers

Teams may have any combination of coaches and managers.

Warm-up times, Session start times and order of events

Session 1 - Saturday 23 March 2019			Session 2 - Saturday 23 March 2019			Session 3 - Sunday 24 March 2019			Session 4 - Sunday 24 March 2019		
Warm up 9.00am - Start 10.00am			Racing starts 1 hour after completion of Session 1 incl Warm up			Warm up 9.00am - Start 10.00am			Racing starts 1 hour after completion of Session 3 incl Warm up		
1	400 Free	W 12years & Under	29	100m Free	W 9 years & Under	61	400IM	W 12years & Under	87	200M Fly	W 12 years & Under
2		M 12years & Under	30		M 9 years & Under	62		M 12years & Under	88		M years & Under
3	50m Breast	W 9 years & Under	31		W 10years	63	50m Free	W 9 years & Under	89	100m Breast	W 9 years & Under
4		M 9 years & Under	32		M 10years	64		M 9 years & Under	90		M 9 years & Under
5		W 10years	33		W 11 years	65		W 10years	91		W 10years
6		M 10years	34		M 11 years	66		M 10years	92		M 10years
7		W 11 years	35		W 12 years	67		W 11 years	93		W 11 years
8		M 11 years	36		M 12 years	68		M 11 years	94		M 11 years
9		W 12 years	37	50m Fly	W 9 years & Under	69		W 12 years	95		W 12 years
10		M 12 years	38		M 9 years & Under	70		M 12 years	96		M 12 years
11	200 Back	W 9 years & Under	39		W 10years	71	200m Breast	W 9 years & Under	97	200m Free	W 9 years & Under
12		M 9 years & Under	40		M 10years	72		M 9 years & Under	98		M 9 years & Under
13		W 10years	41		W 11 years	73		W 10years	99		W 10years
14		M 10years	42		M 11 years	74		M 10years	100		M 10years
15		W 11 years	43		W 12 years	75		W 11 years	101		W 11 years
16		M 11 years	44		M 12 years	76		M 11 years	102		M 11 years
17		W 12 years	45	100m Back	W 9 years & Under	77		W 12 years	103		W 12 years
18		M 12 years	46		M 9 years & Under	78		M 12 years	104		M 12 years
19	100m Fly	W 9 years & Under	47		W 10years	79	50m Back	W 9 years & Under	105	100m IM	W 9 years & Under
20		M 9 years & Under	48		M 10years	80		M 9 years & Under	106		M 9 years & Under
21		W 10years	49		W 11 years	81		W 10years	107		W 10years
22		M 10years	50		M 11 years	82		M 10years	108		M 10years
23		W 11 years	51		W 12 years	83		W 11 years	109		W 11 years
24		M 11 years	52		M 12 years	84		M 11 years	110		M 11 years
25		W 12 years	53	200m IM	W 9 years & Under	85		W 12 years	111		W 12 years
26		M 12 years	54		M 9 years & Under	86		M 12 years	112		M 12 years
27	4x50 Medley Relay	W 12years & Under	55		W 10years				113	4x50 Free Relay	W 12 years & under
28	4x50 Medley Relay	M 12years & Under	56		M 10years				114	4x50 Free Relay	M 12 years & under
			57		W 11 years						
			58		M 11 years						
			59		W 12 years						
			60		M 12 years						