



SOUTH ISLAND LONG COURSE CHAMPIONSHIPS

EVENT SCHEDULE

Day 1 - Heats Warm up from 7:30am Racing starts at 8:15am			Day 2 - Heats Warm up from 7:30am Racing starts at 8:15am			Day 3 - Heats Warm up from 7:30am Racing starts at 8:15am		
1	200m Individual Medley	M	17	1500m Free (TF)	M	32	50m Freestyle	F
2	200m Individual Medley	F	18	400m Individual Medley	F	33	50m Freestyle	M
3	400m Freestyle	M	19	50m Butterfly	M	34	200m Breaststroke	F
4	400m Freestyle	F	20	50m Butterfly	F	35	200m Breaststroke	M
5	100m Backstroke	M	21	200m Backstroke	M	36	800m Freestyle (TF)	M
6	100m Backstroke	F	22	200m Backstroke	F	37	100m Butterfly	F
7	50m Breaststroke	M	23	1500m Freestyle (TF)	F	38	100m Butterfly	M
8	50m Breaststroke	F	24	100m Breaststroke	M	39	50m Backstroke	F
9	200m Butterfly	M	25	100m Breaststroke	F	40	50m Backstroke	M
10	200m Butterfly	F	26	200m Freestyle	M	41	800m Freestyle (TF)	F
11	100m Freestyle	M	27	200m Freestyle	F	42	400m Individual Medley	M
12	100m Freestyle	F	28	15&U 200m Mystery Medley	M	43	15&U Adam & Eve Relay	
13	15&U Medley Skins	M	29	15&U 200m Mystery Medley	F	44	16&O Adam & Eve Relay	
14	15&U Medley Skins	F	30	16&O 200m Mystery Medley	M			
15	16&O Medley Skins	M	31	16&O 200m Mystery Medley	F			
16	16&O Medley Skins	F						
Day 1 – Age Group Finals Warm up from 2:30pm Racing starts at 3:15pm			Day 2 – Age Group Finals Warm up from 2:30pm Racing starts at 3:15pm			Day 3 – Age Group Finals Warm up from 1:00pm Racing starts at 1:45pm		
1	200m Individual Medley	M	17	1500m Free (TF)	M	32	50m Freestyle	F
2	200m Individual Medley	F	18	400m Individual Medley	F	33	50m Freestyle	M
3	400m Freestyle	M	19	50m Butterfly	M	204	50m Freestyle	PAR
4	400m Freestyle	F	20	50m Butterfly	F	34	200m Breaststroke	F
201	100m Backstroke	PAR	21	200m Backstroke	M	35	200m Breaststroke	M
5	100m Backstroke	M	22	200m Backstroke	F	36	800m Freestyle (FTF)	M
6	100m Backstroke	F	23	1500m Freestyle (FTF)	F	37	100m Butterfly	F
7	50m Breaststroke	M	203	100m Breaststroke	PAR	38	100m Butterfly	M
8	50m Breaststroke	F	24	100m Breaststroke	M	39	50m Backstroke	F
9	200m Butterfly	M	25	100m Breaststroke	F	40	50m Backstroke	M
10	200m Butterfly	F	26	200m Freestyle	M	205	50m Backstroke	PAR
202	100m Freestyle	PAR	27	200m Freestyle	F	41	800m Freestyle (FTF)	F
11	100m Freestyle	M				42	400m Individual Medley	M
12	100m Freestyle	F						