



Hamilton Summer Meet 2018

SENIOR SESSION

Long Course

Waterworld, Te Rapa, Hamilton
27 to 29 January 2018

January—SATURDAY 27th:

Session 1: Warm up—7.30am. Racing starts at 8.30am

Session 2: Warm up—5.00pm. Racing starts at 6.00pm

January—SUNDAY 28th:

Session 3: Warm up—7.30am. Racing starts at 8.30am

Session 4: Warm up—5.00pm. Racing starts at 6.00pm

January—MONDAY 29th:

Session 5: Warm up—7.30am. Racing starts at 8.30am

Session 6: Warm up— racing starts 1.5 hours after the end of the morning session, inclusive of warm up.

**IN 2018, THIS MEET DOUBLES AS THE WAIKATO
SENIOR CHAMPIONSHIP MEET.**

Note: Waterworld charges a \$2 spectator fee

**Entry fee \$9.25
per event**



MEET EVENTS

Saturday Session 1: 13+ Heats. Warm up 7.30am. Racing starts 8.30am

Event	Distance	Stroke	Gender	
1	400m	Freestyle	Female	
2	400m	Freestyle	Male	
3	100m	Breaststroke	Female	
4	100m	Breaststroke	Male	
5	50m	Backstroke	Female	
6	50m	Backstroke	Male	
7	200m	Butterfly	Female	
8	200m	Butterfly	Male	
9	50m	Freestyle	Female	
10	50m	Freestyle	Male	
11	200m	Backstroke	Female	
12	200m	Backstroke	Male	

Saturday Session 2: 13+ Finals. Warm up 5.00pm. Racing start 6.00pm.

OPEN Finals (A & B) of Events 1 through 12 will be run in this session.



MEET EVENTS

Sunday Session 3: 13+ Heats. Warm up 7.30am. Racing starts 8.30am

Event	Distance	Stroke	Gender	
13	200m	IM	Female	
14	200m	IM	Male	
15	100m	Freestyle	Female	
16	100m	Freestyle	Male	
17	200m	Breaststroke	Female	
18	200m	Breaststroke	Male	
19	50m	Butterfly	Female	
20	50m	Butterfly	Male	
21	800m	Freestyle	Female	Waikato Distance Championship —timed finals (slowest heats)
22	1500m	Freestyle	Male	Waikato Distance Championship —timed finals (slowest heats)

Sunday Session 4 13+ Finals. Warm up 5.00pm. Racing start 6.00pm.

OPEN Finals (A & B) of Events 13 through 20 will be run in this session. The fastest heat of Events 21 and 22 will be run in this session.



MEET EVENTS

Monday Session 5: 13+ Heats. Warm up 7.30am. Racing starts 8.30am

Event	Distance	Stroke	Gender	
23	100m	Butterfly	Female	
24	100m	Butterfly	Male	
25	50m	Breaststroke	Female	
26	50m	Breaststroke	Male	
27	400m	IM	Female	
28	400m	IM	Male	
29	200m	Freestyle	Female	
30	200m	Freestyle	Male	
31	100m	Backstroke	Female	
32	100m	Backstroke	Male	

Monday Session 6: 13+ Finals. Racing will start 1.5 hours after the end of the completion of the morning session, inclusive of warm up. The timing will be confirmed once the timeline is

OPEN Finals (A & B) of Events 23 through 32 will be run in this session.



QUALIFYING TIMES

LC Male		Event	LC Female	
15 +	13-14		13-14	15+
41.00	49.00	50m Free	49.00	41.00
1:19.50	1:28.00	100m Free	1:28.00	1:21.50
2:53.50	3:03.50	200m Free	3:03.50	3:00.00
5:53.50	6:15.50	400m Free	6:15.50	5:53.50
44.50	55.50	50m Back	55.50	45.50
1:31.00	1:44.00	100m Back	1:44.00	1:35.00
3:13.50	3:23.50	200m Back	3:25.50	3:16.00
50.00	58.00	50m Breast	58.00	52.50
1:43.50	2:02.00	100m Breast	2:02.00	1:46.50
3:40.00	3:58.00	200m Breast	3:58.00	3:40.00
48.50	58.50	50m Fly	58.50	48.50
1:32.50	2:01.50	100m Fly	2:01.50	1:32.50
3:25.00	3:30.00	200m Fly	3:30.00	3:25.00
3:17.00	3:40.50	200m IM	3:40.50	3:17.00
6:48.00	6:48.00	400m IM	6:48.00	6:48.00
		800m	14:00.00 for all age groups	
22:00.00 for all age groups		1500m		



MEET CONDITIONS

- This event is for COMPETITIVE swimmers, aged 13 or older as at the 17th of December 2017, who are registered in the SNZ database and are financial as at the date of the meet.
- Swimmers have the opportunity to gain qualifying times for Regional, Zonal and National Meets.
- **Age as at 17 DECEMBER 2017 (to align with the Swimming Waikato Reverse Distance Champs)**
- Meet Director—TBC
- There is no qualifying period for this meet.
- Entry times long course. Times may be converted from SC times.
- “NO TIME” will not be accepted.
- Meet Director reserves the right to restrict event numbers if entries exceed the nominated time-frame.
- Age Group medals will be awarded from swims in sessions 1, 3 and 5, swum as timed finals. Medals will be presented in the same session they are contested in.
- Age Group medals will be awarded to a maximum of two out of region swimmers per event.
- Age Group Medals will be awarded in the following age groups— 13, 14, 15, 16 and 17+
- Open medals/certificates will be awarded from swims in session 2, 4 and 6, and presented in the same session they are contested in.
- The number of out of region swimmers entitled to swim in the A & B Open finals is unlimited.
- Where A & B Finals are scheduled, both finals will take place, regardless of the number of swimmers confirming their intent to swim.

ENTRY PROCESS -

- **ENTRY FEE: \$9.25 per event**
- Entries for Individual events will be online through MyPage on the SNZ membership database.
- Online entries will open at **11am on the 23rd of October** and close at 11.59pm on Sunday 14 January 2018. NO LATE ENTRIES accepted.
- All enquiries to Rachael Thomas swentries@gmail.com

WAIKATO DISTANCE CHAMPS:

- Swimmers aged 12/U who wish to compete in the Waikato Distance Championships (events 21 & 22) will swim with the senior age group



MEET CONDITIONS

- The meet will be conducted under Swimming New Zealand's 'SNZ Regulations and Bylaws and FINA Rules', except where local meet rules and conditions apply.
- All participants must agree to comply with the Sports Anti-Doping Rules.
- Athletes who hold a Para Classification are eligible to participate in this programme (under IPC Rules) and will be seeded amongst able-bodied athletes on the basis of entry times. It is the responsibility of the athletes (or their Team Manager) to show the Referee their IPC Classification before they swim. The Referee will use their best efforts to judge the swim under the applicable IPC Rules
- Swimmers with strapping must provide documentation from a relevant registered health practitioner or physiotherapist and be reviewed by the Meet Director prior to swimming. Any swimmers without such documentation will not be permitted to swim.
- Participants who have entered this event agree to allow photograph, video, multimedia or film likeness taken by accredited photographers to be used for any legitimate purpose by Swimming Waikato, a club affiliated to Swimming Waikato or local media.

PSYCH SHEETS / MEET PROGRAMME —

- Psych sheets will be circulated to club recorders and coaches, and by email to all competitors who have entered the meet. Competitors are responsible for checking names, entries and events are correct on receipt of information and advising Swimming Waikato of any errors by Thursday 18th January 2018. Corrections will only be made to entries where errors have occurred. Final psych sheets will be posted on the website and sent out a minimum of three days before the start of the meet.
- This is a paperless meet. The meet programme, along with a timeline (guide only) will be uploaded to the Swimming Waikato website and forwarded to club recorders and coaches, and by email to all competitors, at least three days prior to the start of the meet.

COMPETITION INFORMATION -

- Access to this meet will be via the main entrance at Waterworld.
- Waterworld charges a \$2.00 entry fee for spectators.
- Team Coaches, Managers, Officials, Timekeepers and Swimmers are exempt from this charge.
- Reseeding may be done at the discretion of the Meet Director.
- Over the top starts will apply for all events.
- Please exit the pool at the side. Do not swim over the lane ropes.
- Entry into the pool for backstroke events will be feet first. No swim back permitted.
- Marshalling Procedure—

Self marshalling will be employed during the morning sessions.

Finals (evening sessions) will be marshalled.



MEET CONDITIONS

- Warm Up Procedure—

Lane 1 shall be for Para swimmers (if applicable) and Lanes 7 and 8 will be sprint lanes for the duration of each warm-up.

- Results—

Results will be posted as soon as possible on the notice board in the complex. Live results will also be accessible via Meet Mobile where the internet connection allows.

- Team Managers Meeting—

A Team Managers meeting will be held at the start of the warm up of the first session of the meet. Each club is asked to have at least one representative at this meeting to ensure all information is delivered back to the swimmers.

OFFICIALS -

- As per Swimming New Zealand regulations, there is a minimum number of voting technical officials required for a meet to be classed as approved.
- It is the responsibility of the Clubs and members of the swimming community to ensure they contribute to the success of the meet by assisting with the provision of officials. Where the required number of officials are not forthcoming, the results from the meet will be unapproved.
- Attached is a Coaches, Team Managers and Officials form. This form allows Club Recorders to provide the names of their Team Coaches, Managers, Officials and Timekeepers which will allow the Swimming Waikato Team to manage their entry into the meet.
- The completed form should be returned to Swimming Waikato by 5.00pm on the Monday preceeding the meet. Only those people whose names appear on the form will be allowed free entry to the meet.
- When the draft psych sheets are circulated, clubs will be given their timekeeper allocation so that these names can be included on the form also.
- Ratios for Coaches/Managers -

1-10 swimmers = 2 coaches/managers
11-20 swimmers = 3 coaches /managers
21-30 swimmers = 4 coaches/managers
31+ swimmers = 5 coaches/managers

SCRATCHINGS / WITHDRAWALS -

- Refunds will only be made if a medical certificate is provided to the Meet Recorder within 24 hours of the draft psych sheets being circulated. All refunds are at the discretion of the Meet Director.
- **Refunds will not be provided for scratchings received after this time.**
- Scratchings for the first session must be submitted to the Control Room no later than 1 hour prior to the start of racing.



MEET CONDITIONS

SCRATCHINGS / WITHDRAWALS (CONT) -

- For subsequent sessions, scratchings must be submitted no later than 30 minutes **before the end** of the previous session.
- Swimmers will be deemed to have scratched if they are not lined up behind the blocks prior to the start of the race.
- Any competitor or team who withdraws from finals more than 30 minutes after the heat in which qualification was earned shall pay without excuse to Swim Waikato a \$50.00 penalty fee.
- For timed finals withdrawals must be advised by the end of the session preceding the start of the timed final event. i.e. the day before. If this timed final is in the first session of the meet the Withdrawal must be received immediately following the conclusion of the Team Managers Meeting.
- A Swimmer will deem to have withdrawn from a final if they do not report to the Clerk of Course, Marshall at the appropriate time prior to the event, and the withdrawal fee will apply.

PROTESTS -

- Protests must be submitted within 30 minutes following the conclusion of the respective event. The protest fee is set at \$100.00, this is payable upon submission of the correctly completed protest form.

DISQUALIFICATIONS -

- Disqualifications will be announced and a copy of the DQ form will be put in the Club Team Manager's box.



MEET CONDITIONS

EMERGENCY & SAFETY PROCEDURES

Under the Health & Safety at Work Act (2015), it is necessary for us to advise you of the hazards that may affect you whilst attending a Swimming Waikato Meet.

Notified Hazards -

- Floor surfaces may be slippery when wet. *No running.*
- Stadium concrete & seating may be slippery when wet.
- Caution around electronic cords (Starting & Timing equipment)
- Please advise the Referee or pool staff if you observe a potential hazard.
- Please ensure any young children are aware of these hazards.

In General -

- Please familiarize yourself with the pool layout, exits and equipment.
- And please take time to discuss with your Club how you will react and look after your Club members in the case of an emergency.

In an emergency -

If you are required to contact Emergency Services, the address directions are :

" 50m indoor Pool Waterworld Garnett Avenue HAMILTON"

Please note that Pool Staff are trained in First Aid & CPR.

For evacuation -

Stay Calm__

Three(3) loud blasts on the whistle by the Referee shall clear the pool.

Leave the pool complex as directed by Pool Staff or Swimming Waikato Technical Officials.

Assembly locations are dependent on the exit used—

- Side door—assemble opposite the bike racks towards the front of the building
- Lido door — assemble out towards the boundary fence
- Main front doors—assemble opposite the bike racks

Assist Team Managers and Officials to evacuate the swimmers safely.

Conduct a roll call to account for all persons (Children and Adults) in **your** Club.

Notify the relevant emergency Services as required.

During the Meet -

Please take care to ensure the health and safety of yourself and others. Have particular care for those under your direct control.



COACHES, TEAM MANAGERS and OFFICIALS FORM

All clubs attending a Swimming Waikato Regional Meet must fill out this form for each meet. This completed form must be received by Swimming Waikato a minimum of three days prior to the start of the meet. Information received will allow Swimming Waikato to manage the entry process at the meet.

MEET NAME:	
DATE:	
CLUB NAME:	

	COACHES	MANAGERS	MANAGERS'S MOBILE
Session 1			
Session 2			
Session 3			
Session 4			
Session 5			

TIMEKEEPERS	NAME	MOBILE NUMBER
Session 1		
Session 2		
Session 3		
Session 4		
Session 5		
Session 6		

Ratio of Coaches/Managers to Swimmers

Clubs are entitled to nominate coaches and team managers based on the number of swimmers they have competing, as follows:

1-10 swimmers	2 coaches/managers
11-20 swimmers	3 coaches/managers
21-30 swimmers	4 coaches/managers
31 + swimmers	5 coaches/managers

Teams may have any combination of coaches and managers.