



SCWC Regional Swim Meet

Thursday 23rd January – Sunday 26th January, 2025

Selwyn Aquatic Centre (25m Pool)

DUTY CLUBS

Sessions	1&2	Wharenui, Selwyn, Ashburton
Sessions	3&4	Nth Canterbury, Swim Timaru, Triton
Sessions	5&6	Jasi, Waitaha, QEII
Sessions	7&8	Vikings, Aquagym, Dragon

Thursday 23rd January

- Session 1: Warm Up 5:30pm; Start 6:00pm Distance Freestyle Events

Friday 24th January

- Session 2: Warm Up 4:45pm; Start 5:30pm 50m Events.

Saturday 25th January

- Session 3: Warm Up 8:30am; Start 9:15am (13 & O Prelims)
- Session 4: Warm Up 1:00pm; Start 1:45pm (12 & U Timed Finals)
- Session 5: Warm Up 4:00pm; Start 4:45pm (13 & O Finals)

Sunday 26th January

- Session 6: Warm Up 8:00am; Start 8:45am (13 & O Prelims)
- Session 7: Warm Up 12:30pm; Start 1:15pm (12 & U Timed Finals)
- Session 8: Warm Up 4:00pm; Start 4:45pm (13 & O Finals)

(Note: Final timelines will be confirmed once entries have closed)

Technical Advisor: Christine Cassin

Meet Organiser: Events Committee

Officials Convenor: admin@swimcanterbury.org.nz

Sessions 4 and 7, 12 & U, are SNZ Development Meets.
All other Sessions are Open SNZ Officiated Meets for 13 & O with the exception of the 400IM and 200 Butterfly which are also open to 12 and Under if the entry is accompanied by written permission from their club coach.

Conditions of Entry

1. All registered competitive and club swimmers are eligible to enter.
2. Para swimmers are eligible to compete at this meet and shall compete under IPC Swimming Rules.
3. Only Short Course times will be accepted for entry. Converted long course times may be used and times from unapproved meets are allowed.
4. There are no qualifying times for the 800 and 1500 Free, but these are restricted to athletes 11 years of age and over.
5. For both the 400IM and the 200 FLY, all swimmers including Para swimmers must be aged 12 and over, unless the entry is accompanied by written permission from their Club Coach.
6. Age as at 23rd January 2025.
7. Entry Fees are: Individual Entry \$13.00. (Entry fees are inclusive of the \$1.00 SCWC Regional Development Pathway levy)
8. Individual entries should be done online and close on Thursday 16th January 2025 at midnight.
9. There will be no refunds on entry fees except as per the scratching rules.
10. Submission of entries constitutes acceptance of these Meet Rules and Conditions.
11. No late entries accepted.
12. Draft Psych Sheets, Entry Lists and Timelines will be posted on the SCWC website on Friday 17th January.
13. Please check names, entries and events are correct. Corrections will only be made to entries where errors have occurred. Final psych sheets, Team Entries and Timelines will be posted on the SCWC website on Tuesday 21st January.

MEET RULES

General

1. The meet will be conducted under Swimming New Zealand's Competition and Event Policies in conjunction with the New Zealand Swimming Rules and World Aquatics regulations, except where local meet rules and Conditions apply. This includes the SCWC Technical Suit Policy for all competitors 12 years of age and under.
2. There are no qualifying times and "No Times" will be accepted.
3. Session 1, 4 and 7 events will be swum as timed finals and swum mixed gender - seeded slowest to fastest and split into age groups for final placings.
4. Session 2 events will be swum as timed finals and swum single gender – seeded slowest to fastest and split into age groups for final placings.
5. Para swimmers may swim in any event. There will be Para events as follows: 50m Free, Back, Breast & Fly (Timed finals, seeded with able bodied swimmers) and 100m Free, Back, Breast & Fly. For the 100m events Para Swimmers will be seeded with the able-bodied swimmers in the heats according to their entry times and there will be one mixed Open Para final. Para only event placings will be determined on a calculation of the World Para record for each classification.
6. Reseeding may be done at the discretion of the Technical Advisor and/or Referee.
7. Electronic timing will be used at this meet with 1 timekeeper per lane using 10 lanes.
8. Over the top starts will apply for individual events.
9. Protests shall be lodged as per SNZ Regulation 4 accompanied with the \$100.00 fee. Entry into the pool for backstroke events shall be feet first. No swim back permitted.
10. Please exit the pool at the side. Do not swim over the lane ropes.
11. Cameras and Photography
SCWC and/or the host Club may take photos and videos may be taken during the meet: all spectators and athletes agree to allow photos, video and audio recording to be taken by an SCWC approved and/or accredited person to be used for any legitimate purposes by SCWC and/or the meet organisers. Any concerns should be directed to the meet organisers. Spectators agree upon entry that photographic, video or audio recording equipment is prohibited for any purpose, with the exclusion of personal cell phones. The meet organisers will, at their sole discretion, determine whether or not an item which could be used for the purposes of taking photos, video or audio recordings are permitted for use during the meet. Photos remain copyright of the approved/accredited person.

Scratching / Withdrawals

1. All event scratchings received before 5.00pm on Wednesday 22nd of January will be refunded. There will be no refunds after this.
2. All scratchings for Designated Meet Finals must be submitted within 15 minutes of the preliminary session being completed.
3. All scratchings for sessions 2, 4 and 7 must be submitted no later than 15 minutes after the completion of the preceding session

Warm Up

1. As per Swimming Canterbury West Coast warm-up procedure guidelines, except for Session 2 which will have allocated warm-up times/lanes. A warm-up procedure instruction sheet will be issued on the website prior to the start of Session 1.
2. Warm-up is the responsibility of the clubs, coaches and swimmers involved. Officials are not responsible for managing or controlling the warm-up procedures.

Marshalling

1. All events will be self-marshalling.

Age Groups/Awards

1. All individual events except 200 Fly, 400m Free, 400m IM, 800m Free and 1500m Free will be resulted in the following age groups: 10 & U, 11-12, 13-14, 15-16 and 17 & O.
2. The 200 fly, 400m IM, 800m Free and 1500m Free events will be resulted 14&U, 15-16 and 17 & O.
3. The 400m Free event will be resulted 12&U, 13-14, 15-16 and 17 & O.
4. There will be no medals or ribbons for this meet.
5. There will be cash prizes awarded to the winners of each event in each age group as below.
6. The Overall fastest swimmer per event regardless of age group will win the overall cash prize. This can be in addition to age group cash prizes.
7. Para Athletes will be awarded prize money for the 50m Events, 100m Events and the 200 IM as per the table below. The placings will be determined on a calculation of the % of the World Para Record for each classification. All Para events will be resulted as Open age group, mixed gender

50m / 100m / 200m Event Prizes			
Age	1 st	2 nd	3 rd
10 & U	\$5	\$3	\$2
11-12	\$5	\$3	\$2
13-14	\$7	\$5	\$3
15-16	\$12	\$8	\$5
17&O	\$15	\$10	\$8
Para	\$12	\$8	\$5
Overall	\$20	---	---

200 Fly/400m / 800m / 1500m Event Prizes			
Age	1 st	2 nd	3 rd
12&U	\$5	\$3	\$2
14&U	\$7	\$5	\$3
15-16	\$12	\$8	\$5
17&O	\$15	\$12	\$8
Overall	\$20	----	----

SKINS

- 1 There will be 4 SKINS events – 12 & U, 13-14, 15-16 and 17and Over.
- 2 Each Age Band, Male and Female SKINS will be swum consecutively on a total of 3 minute send off with the athletes being eliminated after each swim as follows:
Round 1 – 3 athletes eliminated
Round 2 – 2 athletes eliminated
Round 3 – 1 athlete eliminated
Round 4 – 1 athlete eliminated
Round 5 – 1 athlete eliminated
Round 6 – Final (2 athletes remain)
- 3 In the event of a dead heat (2 or more swimmers) for the last place position, these swimmers will continue onto the next round where an additional athlete will be eliminated as per the table. In the event of a dead heat in the final, prize money will be split evenly.
- 4 SKINS finalists will be determined by the combined 4 x 50m event results **from the age groups** using the standard points. In the case of equal 10th place points, the athlete with the lowest SCWC points on any 50m event will be the first alternate.
- 5 Strokes for each round will be randomly drawn by the organisers from the following strokes Fly, Back, Breast, Free, Fly/Bk, Bk/Br, Br/Fr, Fr/Fly. Each stroke will be used only once per event.
- 6 All withdrawals for the SKINS Finals need to be submitted to the control desk by the end of warm up of session 2 on Saturday morning, 25th January 2025. Fines **WILL** be given for any scratchings received after that.

The Male and Female Skins Competitions will receive prize money as follows:

Skins Event Prizes					
Age	1 st	2 nd	3 rd	4 th	5 th – 10 th
12 & U	\$40	\$20	\$15	\$10	\$5
13-14	\$55	\$35	\$25	\$15	\$5
15-16	\$70	\$40	\$30	\$20	\$10
17&O	\$100	\$60	\$45	\$30	\$15

Thursday 23 rd January	Friday 24 th January
Session 1 - Timed Finals	Session 2 - Timed Finals
Warm Up: 5:30pm, Start: 6:00pm	Warm Up: 4:45pm, Start: 5:30pm
1. Mixed 11 & O 800 Freestyle 2. Mixed 12 & O 1500 Freestyle	3. Female 50 Butterfly 4. Male 50 Butterfly 5. Female 50 Backstroke 6. Male 50 Backstroke 7. Female 50 Breaststroke 8. Male 50 Breaststroke 9. Female 50 Freestyle 10. Male 50 Freestyle

Saturday 25 th January	Saturday 25 th January	Saturday 25 th January
Session 3 - 13 & Over Prelims	Session 4 - 12 & Under Timed Finals	Session 5 - 13 & Over Finals
Warm Up: 8:30am, Start: 9:15am	Warm up: 1:00pm, Start: 1:45pm	Warm up: 4:00pm, Start: 4:45pm
11. Female 400 IM (Fastest 10 athletes racing in Session 5) 12. Male 400 IM (Fastest 10 athletes racing in Session 5) 13. Female 13 & O 200 Freestyle Prelim 14. Male 13 & O 200 Freestyle Prelim 15. Female 13 & O 100 Butterfly Prelim 16. Male 13 & O 100 Butterfly Prelim 17. Mixed 13 & O 100 Butterfly 18. Female 13 & O 200 Breaststroke Prelim 19. Male 13 & O 200 Breaststroke Prelim 20. Female 13 & O 100 Backstroke Prelim 21. Male 13 & O 100 Backstroke Prelim 22. Mixed 13 & O 100 Backstroke prelims 23. Female 13 & O 200 IM Prelim 24. Male 13 & O 200 IM Prelim 25. Mixed 13 & O 200 IM Finals	26. Mixed 12 & U 200 Freestyle 27. Mixed 12 & U 100 Butterfly 28. Mixed 12 & U 200 Breaststroke 29. Mixed 12 & U 100 Backstroke 30. Mixed 12 & U 200 IM 101. Female 12 & U SKINS Finals 102. Male 12 & U SKINS Finals	11. Female 400 IM (Fastest 10 Final) 12. Male 400 IM (Fastest 10 Final) 13. Female 13 & O 200 Freestyle Finals 14. Male 13 & O 200 Freestyle Finals 15. Female 13 & O 100 Butterfly Finals 16. Male 13 & O 100 Butterfly Finals 17. Mixed 13 & O 100 Butterfly Finals 18. Female 13 & O 200 Breaststroke Finals 19. Male 13 & O 200 Breaststroke Finals 20. Female 13 & O 100 Backstroke Finals 21. Male 13 & O 100 Backstroke Finals 22. Mixed 13 & O 100 Backstroke Finals 23. Female 13 & O 200 IM Finals 24. Male 13 & O 200 IM Finals 25. Mixed 13 & O 200 IM Finals 103 Female 13-14 SKINS Finals 104 Male 13-14 SKINS Finals

Sunday 26 th January	Sunday 26 th January	Sunday 26 th January
Session 6	Session 7	Session 8
13 & Over Prelims	12 & Under Timed Finals	13 & Over Finals
Warm Up: 8:00am, Start: 8:45am	Warm up: 1:00pm, Start: 1:45pm	Warm up: 4:00pm, Start: 4:45pm
31. Female 13 & O 400 Free (Fastest 10 athletes racing in Session 8) 32. Male 13 & O 400 Free (Fastest 10 athletes racing in Session 8) 33. Female 13 & O 100 Breaststroke Prelim 34. Male 13 & O 100 Breaststroke Prelim 35. Mixed 13 & O 100 Breaststroke Prelims 36. Female 200 Butterfly Prelim 37. Male 200 Butterfly Prelim 38. Female 13 & O 100 Freestyle Prelim 39. Male 13 & O 100 Freestyle Prelim 40. Mixed 13 & O 100 Freestyle Prelims 41. Female 13 & O 200 Backstroke Prelim 42. Male 13 & O 200 Backstroke Prelim 105 Female 15-16 SKINS Finals 106 Male 15-16 SKINS Finals	43. Mixed 12 & U 100 Breaststroke 44. Mixed 12 & U 100 Freestyle 45. Mixed 12 & U 200 Backstroke 46. Mixed 12 & U 100 IM 47. Mixed 12 & U 400 Freestyle	31. Female 13 & O 400 Freestyle (Fastest 10 Final) 32. Male 13 & O 400 Freestyle (Fastest 10 Final) 33. Female 13 & O 100 Breaststroke Finals 34. Male 13 & O 100 Breaststroke Finals 35. Mixed 13 & O 100 Breaststroke Finals 36. Female 200 Butterfly Finals 37. Male 200 Butterfly Finals 38. Female 13 & O 100 Freestyle Finals 39. Male 13 & O 100 Freestyle Finals 40. Mixed 13 & O 100 Freestyle Finals 41. Female 13 & O 200 Backstroke Finals 42. Male 13 & O 200 Backstroke Finals 107 Female 17&O SKINS Finals 108 Male 17&O SKINS Finals