

PROGRAM OF EVENTS

21-24 August, 2024 | AIS Canberra

AM - HEATS (09:00)

W	Day 1 – Wednesday 21 August	M
1	200 Metre Freestyle	2
3	100 Metre Backstroke	4
5	200 Metre Butterfly	6
-	800 Freestyle (Slow Heats)	7
8	1500 Metre Freestyle (Slow Heats)	-
Day 2 – Thursday 22 August		
10	100 Metre Freestyle	11
12	100 Metre Breaststroke	13
14	400 Metre Individual Medley	15
Day 3 – Friday 23 August		
18	400 Metre Freestyle	19
20	100 Metre Butterfly	21
22	200 Metre Backstroke	23
Day 4 – Saturday 24 August		
26	200 Metre Individual Medley	27
28	50 Metre Freestyle	29
30	200 Metre Breaststroke	31
-	1500 Metre Freestyle (Slow Heats)	32
33	800 Metre Freestyle (Slow Heats)	-

PM - FINALS (17:00)

W	Day 1 – Wednesday 21 August	M
1	200 Metre Freestyle	2
3	100 Metre Backstroke	4
5	200 Metre Butterfly	6
-	800 Metre Freestyle (Fast Heat)	7
8	1500 Metre Freestyle (Fast Heat)	-
9	4x100 Metre Mixed Medley Relay	9
Day 2 – Thursday 22 August		
10	100 Metre Freestyle	11
12	100 Metre Breaststroke	13
14	400 Metre Individual Medley	15
16	4 x 200 Metre Freestyle Relay	17
Day 3 – Friday 23 August		
18	400 Metre Freestyle	19
20	100 Metre Butterfly	21
22	200 Metre Backstroke	23
24	4 x 100 Metre Freestyle Relay	25
Day 4 – Saturday 24 August		
26	200 Metre Individual Medley	27
28	50 Metre Freestyle	29
30	200 Metre Breaststroke	31
-	1500 Metre Freestyle (Fast Heat)	32
33	800 Metre Freestyle (Fast Heat)	-
34	4 x 100 Metre Medley Relay	35